

# Flitwick Papers

## Summer 2024



*Rhododendron in Manor Park by Darren Bushby*

### What's Inside...

- Town Mayor Elected
- New Focal Point For Town Centre
- Summer Holiday Activities
- Community Grants

### What's On...

- Flitwick Family Fun Day  
Saturday 8th June
- Soul & Motown Night  
Friday 12th July
- Volunteer Day  
Thursday 1st August



#### Flitwick Town Council

The Rufus Centre  
Steppingley Road  
Flitwick  
Bedfordshire  
MK45 1AH

#### Follow Us:



t: 01525 631900

e: [info@flitwick.gov.uk](mailto:info@flitwick.gov.uk)

w: [flitwick.gov.uk](http://flitwick.gov.uk)

# HOW TO GET IN TOUCH

## Your Town Councillors

Contact your Town Councillors via email: [firstname.surname@flitwick.gov.uk](mailto:firstname.surname@flitwick.gov.uk) or call using the numbers below.

Ward	Name	Contact
W	Ian Blazeby	634585
W	Tina Connell	07951 567136
W	Clare Copelstone	631900
E	James Gleave	07958 350159
W	Toby Harald	07739 937624
E	Howard Hodges	717778
E	Sue Livens	07804 359419
E	Tim Parsons	07754 663986
W	Fraser Patterson	631900
W	Martin Platt	713017
E	John Roberts	716360
W	Andy Snape	07590 572440
W	Dan Toinko	649992
E	Clare Thompson	07734 866479
W	Robert Wilsmore	712139

## Central Bedfordshire Councillors

Ian Adams	0300 300 8512
Gareth Mackey	712537
Heather Townsend	0300 300 8522

Flitwick Papers is published by Flitwick Town Council on a quarterly basis. The next edition will be Autumn 2024 which will be distributed in September.

To share your news and events in Flitwick Papers call **01525 631900** or email [beverleyjones@flitwick.gov.uk](mailto:beverleyjones@flitwick.gov.uk)

## Contact Flitwick Town Council:

- Allotments
- Burial Ground
- Community Hub
- Environmental Improvements
- Events and Activities
- Hub Car Park
- Job Club
- Manor Park
- Play Areas, Parks & Open Spaces
- The Rufus Centre
- The Rendezvous Café & Bar
- The Hub
- Youth Hub

Call: **01525 631900**

Email: [\*\*info@flitwick.gov.uk\*\*](mailto:info@flitwick.gov.uk)

## Contact Central Bedfordshire Council:

- Archives
- Amenity Areas
- Education
- Environmental Services
- Grants
- Grass Cutting
- Highways
- Industrial Estates
- Libraries
- Litter Clearance
- Planning
- Recreation & Leisure
- Refuse Collections
- Recycling
- Social Services
- Street Lighting
- Trading Standards
- Traffic Management
- Youth Services

**Call: 0300 300 8000**

### Welcome to another action-packed edition of Flitwick Papers!

It's a great honour to have been recently elected as Flitwick Town Mayor. Having lived in Flitwick for almost 30 years and raised my family here, I think of it as my home town and appreciate the opportunity to be its representative.

I will be taking over from Cllr Andy Snape who has been Town Mayor for the last 3 years. Cllr Snape has now been elected Leader of the Council where he will focus on implementing the Town Council's strategy and ensuring the Council provides the best services and facilities possible for Flitwick residents.



I am sure you will join me in thanking Cllr Snape for all his hard work and commitment during this time. Of his many achievements, he has been key in helping set up and run, with a large team of volunteers, the Flitwick Community Fridge which has been a huge help to those residents coping with the cost-of-living increases. Working with Council Officers, he has also helped secure funding for the re-development of 3 Station Road (the former Barclays Bank Building).

I am looking forward to working with Cllr Snape in his new role and taking on the more ceremonial aspects of being Town Mayor. I am pleased to have the opportunity to work with other local Councils and am honoured to be able to represent Flitwick at events across Bedfordshire.

I am also delighted to be able to help support local community groups for the incredibly valuable work they do in Flitwick, donating their time to activities for the younger members of our community and developing projects such as the Community Fridge. I'm really looking forward to the Volunteer Open Day on Thursday 1st August when I can chat to people more about this and any ideas on what they can do for the community.

We have planned a number of events for the whole family to enjoy during the summer holidays so please check this edition of Flitwick Papers, our website and social media for more details.

I look forward to catching up with you at the Family Fun Day on Saturday 8th June and at our events over the summer to hear your thoughts and ideas. In the meantime, let's hope the weather improves!

**Cllr John Roberts**  
Town Mayor

# Meet Your New Town Councillor

Flitwick Town Council is delighted to welcome **Clare Copelstone** as a new Councillor for Flitwick West Ward. Councillor Copelstone was co-opted at the April Town Council meeting.



Commenting on her co-option Councillor Copelstone said:

*"As a Town Councillor, I am deeply committed to serving the needs and aspirations of the community. With a passion for collaboration and a firm belief in the power of community engagement and cohesion, I am committed to addressing the issues that matter the most to our residents."*

**"Together, let's create a future where our town shines as a beacon of unity, opportunity, and progress."**

## Meetings Calendar

**Everyone is welcome to attend meetings**

Joining instructions can be found on the meeting agenda or contact:  
**stacielockey@flitwick.gov.uk**

**Meetings start at 7.45pm**

View the full meetings calendar at  
**www.flitwick.gov.uk**



June	
18th	Town Council
July	
9th	Community Services
16th	Town Council
August	
20th	Town Council

September	
3rd	Community Services
10th	Business Improvement & Development Board
17th	Town Council

## New Town Mayor Elected

Councillor John Roberts was elected Town Mayor at the Annual Statutory Meeting in May. Councillor Roberts will be supported during the 2024/25 civic year by Councillor Martin Platt who was elected Deputy Town Mayor.



"Congratulations to Councillor Roberts and Councillor Platt; we look forward to working with you and wish you both every success for the coming year."

## New Focal Point for Town Centre

Plans are underway to transform 3 Station Road (the former Barclays Bank building) into a two-story restaurant and adjacent retail unit. The project recently received a funding boost of £384,000 following two successful grant applications.

The building was purchased by the Town Council in November 2021 as an investment, primarily to secure the frontage as a Town Square for community use and to prevent the rest of the site from being lost to residential development.

Our vision will see the building fully renovated and reconfigured to provide space for a casual dining restaurant in the two-storey section and a single-storey retail unit. Modern glazing will replace the old façade, and the layout will be modified to become fully accessible. There will also be more investment into the Town Square to enable the area at the front of the building to be used for outdoor dining during the summer months.



We will also work with Post Office Ltd to explore how best to restore a post office counter to the town as part of this project, which we know is high on the list of priorities for residents and businesses.

Work is now underway on detailed designs and planning for the project, which is being managed by Luton Borough Council's Design & Delivery Service. We expect to submit a formal planning application in the next couple of months and will keep residents informed of progress on this exciting development, which will provide a fantastic centrepiece for the town centre.



## Town Mayor's Charities 2024-25



Town Mayor, Cllr John Roberts has announced his chosen charities for this mayoral year will be Keech Hospice Care and the Flitwick Town Mayor's Charity Community Fund.

Keech Hospice Care provide free, specialist care for adults in Luton and Bedfordshire, and also for children from Bedfordshire, Hertfordshire and Milton Keynes living with a life-limiting illness.

*Keech Hospice Care (RCN 1035089) and the Flitwick Town Mayor's Charity Community Fund (RCN 1205683)*

## Fundraising Success

At the end of his term as Mayor, Cllr Andy Snape presented cheques to local charities from fundraising during his term of office. Thank you to everyone who supported events and activities throughout the year.

£3,355.71 was donated to Tibbs Dementia Foundation towards providing services in the local area. Tibbs do fantastic work in our community with services ranging from vital carers support groups to the amazing 'Music 4 Memory' sessions.

SOS Saturday Outreach Service provide a free meal service for people who are homeless or in need. Volunteers cook and serve a hot meal and also offer clothing and food.



The Flitwick Town Mayor's Charity funds projects and initiatives that benefit Flitwick residents. The charity works closely with the Town Council, but its operations and governance are completely independent.

**LOOK OUT FOR NEWS...**  
of events and fundraising  
activities planned this year to  
support these two fantastic  
local charities.

**FLITWICK**  
TOWN MAYOR'S CHARITY  
COMMUNITY FUND

**Keech**  
hospice care

£2,200.52 was donated which will help cover running costs and pay for equipment.

Registered charity, Flitwick Village Hall, is run by volunteers and is fundraising for a new roof. A cheque was presented at the AGM for £500 towards the appeal. You can find out more about the fundraising appeal on page 18.

We are now looking forward to fundraising for Town Mayor, Cllr John Roberts' chosen charities for 2024/25 - Keech Hospice Care and Flitwick Town's Mayor's Charity Community Fund.

The Town Council will be submitting its formal response to the planning application after the June Town Council Meeting. This will be shared on the planning page of the Town Council website and social media.

# 170 Homes on Land South of Steppingley Road

A revised planning application has been submitted to Central Bedfordshire Council for the building of 170 homes on Land South of Steppingley Road, opposite the Leisure Centre.

The Planning Improvement Working Group of the Town Council is encouraging all residents to view the plans and submit their comments on the application before the end of the consultation period on Friday 7th June.

You can do so online. Go to the Central Bedfordshire Council website ([www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)), and look in the planning section for application reference **CB/22/04108/FULL**.

Or call Central Bedfordshire Council on 0300 300 8300 and ask for Planning



**Scan the QR code  
to go straight to  
the planning  
page**

**Consultation  
ends 7th  
June**



**Flitwick Town Council**

**For more information: 01525 631900 or [info@flitwick.gov.uk](mailto:info@flitwick.gov.uk)  
[www.flitwick.gov.uk](http://www.flitwick.gov.uk)**

## Community Grants are back!

We are delighted to announce that the Community Grants are back. If you are a non-profit organisation or a registered charity in need of funding to help benefit the local community, you can now apply for a grant from the Town Council.

Perhaps you need new equipment or want to introduce a new service to enhance your community provision.

We are keen to support local clubs, groups, organisations and charities who provide support and opportunities for people living and working in the town.

Visit our website to view the grants policy, check eligibility and download an application form. The deadline for applications is Friday 2nd August.



If you have any questions regarding the application process or would like more information and an application form sent to you, please get in touch.

**info@flitwick.gov.uk**  
**01525 631900**



# Temple Flooring

*"Temple Flooring has been providing our carpet and flooring installations for the past 20 years. The service is absolutely top class in every respect - from pricing, quality of the materials, the professionalism of the installers through to the clearing away of the old flooring materials and leaving the place clean and tidy! I would highly recommend Temple Flooring to everyone!"*

**K R Parekh, Flitwick**

Phone 01525 713224

Email [templeflooringservices@btconnect.com](mailto:templeflooringservices@btconnect.com)

Normal Opening Hours

Monday-Friday: 10:00 AM - 4:00 PM

Saturday: 10:00 AM - 12:00 PM

Sunday: Closed





# FLITWICK FAMILY FUN DAY

SATURDAY 8th June 2024  
MILLENNIUM PARK

12 noon - 10pm

**FREE** Fun Fair (12 noon-8pm)

**FREE** Outdoor Cinema



Disney Pixar  
Elemental (PG)  
2pm



Super Mario  
Brothers (PG)  
5pm



Guardians of The  
Galaxy 3 (12)  
8pm



**FREE**  
Popcorn!

Food Court, Stalls, **FREE** Stay and Play

**FREE** Shuttle Bus from The Rufus Centre 1pm-7pm

Thank you to our main sponsor:



Oak Fostering  
Long term foster care for children



Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)

@NewsFTC /flitwickTC /flitwicktowncouncil [www.flitwick.gov.uk](http://www.flitwick.gov.uk)

# Summer at Flitwick Library!

Summer is here and what better way to spend it than at your local library!

We will have a jam packed summer full of things for both kids and grown-ups, so make sure to pay us a visit!

## THE SUMMER READING CHALLENGE IS BACK!

Want to get prizes for reading books?

Want the books you read to go towards the chance to win a mega prize?

Sign up and take part in the Summer Reading Challenge this July at your local library!

All throughout summer we will have **crafts, activities, games, events** and more!

Just pop down to your local library on the day and see what's on!

(Some events might need booking closer to the time)

All of our **clubs for adults** will be running as normal throughout the summer!

Come and have a go at **Knitting** with our **Knit and Natter** group on **Wednesdays at 2pm**.

Maybe you fancy playing your hand at **Bridge** on a **Friday at 2pm**?

We also have scrabble, chess and board games to play at any time!

Just pop into the library to find out more!

If you are interested in any clubs or would like more information, please call the library on 0300 300 8057 or email us at [Flitwick.library@centralbedfordshire.gov.uk](mailto:Flitwick.library@centralbedfordshire.gov.uk)

# Free Summer Programme

The community team has been working hard to put together a fantastic programme of free events for young people in the summer holidays.

Activities range from a Mini Olympics at Millennium Park on **12th August** to a Circus Skills Workshop at The Rufus Centre on 21st and 22nd August.

24th July Adult & Child Cooking Session*	The Hub
25th July Free Community Movie Day	The Rufus Centre
29th July Introduction to Geocache	Manor Park
31st July Adult & Child Cooking Session	The Hub
1st August Graffiti Workshop	The Hub
7th August Adult & Child Cooking Session	The Hub
12th August Mini Olympics	Millennium Park
13th August Build a Bug Hotel	Hinksley Road
14th August Build a Bug Hotel	Hinksley Road
15th August Street Dance	The Rufus Centre
21st August Circus Skills Workshop	The Rufus Centre
22nd August Circus Skills Workshop	The Rufus Centre
29th August Free Community Movie Day	The Rufus Centre

\*One adult and up to two children



For more information on each event and to book, scan the QR code or visit [www.therufuscentre.ticketsolve.com](http://www.therufuscentre.ticketsolve.com)



# FLITWICK & AMPHILL BATHROOMS

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- Installation Support
- Helpful Advice

12 Windmill Road FLITWICK MK45 1AT

 [fandabathrooms.co.uk](http://fandabathrooms.co.uk)  
 **01525 717224**  
 [sales@fandabathrooms.co.uk](mailto:sales@fandabathrooms.co.uk)

Monday - Friday: 9am - 5pm Saturdays: 9.30am - 1pm



## Summer Street Food

Get set for tasty street food and chilled summer vibes in the park as the monthly Street Food Heroes continues at Millennium Park. Each month you'll find a choice of delicious street food, bar and music from

the resident DJ. Make a date in the diary for **Sunday 23rd June; 21st July; 18th August and 22nd September**. Sunday 22nd September is also the Flitwick Skate Jam so there will be plenty of action at the Skate Park to watch too!



We're keeping everything crossed for perfect weather for the Flitwick Family Fun Day on **Saturday 8th June!**

We can't wait to see everyone at Millennium Park for this fantastic, free event for the whole family to enjoy.

The fun starts at 12 noon with a free Fun Fair, free Outdoor Cinema featuring three great films, free Popcorn, a Food Court, DJ, Stalls and more. There will also be free stay and play in the Village Hall. (see page 9 for full details).

**A free shuttle bus will be running from The Rufus Centre between 1pm and 7pm.**

Make sure you tell all your family and friends – it promises to be a great day and night!

## Family Fun Day



### Thank you to our sponsors

Flitwick Club

One-O-One  
SERVICE CENTRE  
Independent Food Bank

Rebecca L Faret  
Solicitors



Oak Fostering

Long term therapeutic foster placements

FLITWICK VAMP HILL  
BATHROOMS

Temple  
Flooring

Neville Funerals



### Defibrillator Awareness - Cardiac Arrest Response Seminar

We had a fantastic response to the free Defibrillator Awareness training in May with 50 people taking part. The training, delivered by the Community HeartBeat Trust, teaches the essential skills for using a defibrillator, giving you the confidence to know what to do in an emergency.

There will be another training session at The Rufus Centre later this year.

If you would like to register your interest in advance, please call  
**01525 631900** or email **info@flitwick.gov.uk**.

An additional defibrillator in the town was installed on the side of 3 Station Road (former Barclays Building) facing Kings Road at the end of March. The defibrillator is fully accessible to the public at all times.



# Have you considered respite or short break care?

## For your loved one as an alternative to a care home?

Home Instead is the UK's leading provider of care in the home. Our respite care can provide a much-needed lifeline for families that otherwise would have to move loved ones to a care home environment.

### Benefits of staying in your own home are:

- Ⓜ Respite allows loved ones to stay in surroundings where they feel safe and comfortable minimising confusion within unfamiliar environment
- Ⓜ Flexible to suit your needs - respite can be temporary or intermittent service levels
- Ⓜ Allows loved ones to remain independent
- Ⓜ Comfort & peace of mind knowing your loved one is spending time with another caring individual
- Ⓜ Avoids carer exhaustion and gives time to look after yourself
- Ⓜ Maintain contact with familiar visitors to the home

### Suitable for

- Returning home from a hospital stay
- Dementia care
- Frailty
- Family absence

### Call us today to see how we can help

Home Instead Luton & Central Bedfordshire  
T: 01582 742275 E: [luton@homeinstead.co.uk](mailto:luton@homeinstead.co.uk)  
W: [homeinstead.co.uk/luton-bedfordshire](http://homeinstead.co.uk/luton-bedfordshire)



Rated by [homecare.co.uk](http://homecare.co.uk)

 **Home Instead.**  
*To us, it's personal*

# Volunteers We Need You!

OPEN DAY  
1st August 2024  
10am- 2pm

THE HUB  
Commission Road, Flitwick, MK45 1HP

## ARE YOU LOOKING TO MAKE A DIFFERENCE IN YOUR COMMUNITY?



Whether you have a few hours to spare each week or are looking to get involved in a specific cause, we have opportunities available for everyone. From helping with the Community Fridge to supporting our events - we need you!

Join us by applying today or drop in to our Volunteer Open Day on Thursday 1st September at The Hub, and discuss opportunities over coffee & cake!

### Opportunities include -

- Community Fridge Support
- Community Events Support
- Share Your Craft
- Litter Picking
- Family Fun Events
- Tree Keepers

To register interest or for more information:



## Volunteer Day

A lot of work goes on behind the scenes in making events happen and we are now looking for volunteers to help with our community events programme as well as ongoing initiatives such as the Community Fridge.

### Can you spare some time to help with community projects and events?

If you would like to find out more about opportunities you can get involved with to support community events and initiatives in Flitwick, we will be holding a **Volunteer Information Day on Thursday 1st August at The Hub** between 10am and 2pm.

Please pop in for a coffee, cake and a chat. Hope to see you there!

## Help the Tiny Forest Flourish

The Tiny Forest planted by a team of volunteers at Hinksley Road Recreation Ground in February is really taking shape. As the green shoots continue to grow Earthwatch Europe is looking for volunteers to be Tree Keepers.

Planted in an area the size of a tennis court, the woodland features up to 600 fast growing native trees and can attract over 500 animal and plant species in the first 3 years.

There are different opportunities to get involved and Earthwatch will support you with all the tools, training, and resources required.

We also have a special Discovery Day at the Tiny Forest on **Wednesday 12th June**. Everyone is welcome between **3pm and 6pm**.



Find out more information about the role of a Tree Keeper and how to apply on the Earthwatch website <https://tinyforest.earthwatch.org.uk/get-involved>

## Tiny Forest

### Tiny Forest Discovery Day!

**FREE EVENT!**

**Hinksley Road Recreation Ground, St Pauls Close, Flitwick, Bedford MK45 1ES.**  
[www.tinyforest.org.uk](http://www.tinyforest.org.uk)

**DATE: Wednesday 12th June**  
**TIME: 3pm-6pm**

**Come along and explore your local Tiny Forest!**

- FREE family-friendly event, everyone's welcome!
- Explore local wildlife like butterflies, bees and bugs.
- Enjoy fun outdoor based activities including science experiments, colouring for kids, and more!
- Meet like-minded people in your local community.
- Free snacks provided, but feel free to bring along a picnic and water.

**SCAN ME & REGISTER**

Scan this QR code to register or for more info: 01471 321922

**earthwatch**

**tinyforest**

**Bedfordshire County Council**

**Flitwick Town Council**

# TWIST OF ROCK

## FRIDAY 5TH JULY

7.45PM - 23.15PM

DOORS OPEN 7PM



## ROCK LEGENDS TRIBUTE

THE RUFUS CENTRE, STEPPINGLEY ROAD, FLITWICK



TICKETS  
£12\*

LICENSED BAR  
BAR FOOD 7 - 9PM  
OVER 18S

BOOK ONLINE OR CALL 01525 631900

\*BOOKING FEE APPLIES



Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)



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/flitwickTC



/flitwicktowncouncil

[www.flitwick.gov.uk](http://www.flitwick.gov.uk)



**The Flitwick Community Fridge** has continued to grow, meeting record demand from residents needing support with the high cost of living while also helping to reduce food waste. Regular users will have noticed that food supply has been highly variable since Christmas and that we've been battling to secure stock, forcing our volunteers to drive further and increasing our running costs.

In May, we recorded 443 visits to the fridge and redistributed 1.8 tonnes of food to residents from Flitwick and the surrounding area.

In addition to our regular collections from Aldi, Co-op, Waitrose and SOFEA, we're delighted and hugely grateful for the support we're receiving from Tesco Flitwick, which is supporting our service as a local community initiative. We are particularly grateful to Lyn and Mary, the local Tesco Community Champions, for being the driving force behind this and for regularly delivering food to The Rufus Centre themselves.

The Community Fridge is currently open at The Rufus Centre Monday to Friday between 9am and 5pm and Saturdays from 9.30am to 11.30am. Be sure to follow Flitwick

## Cost of Living Support



Community Fridge on Facebook for the latest updates; we post daily so you can see what food is available.

Our friendly Community Services Team are on hand at The Rufus Centre to offer advice and support and can complete referrals for food parcels.

None of this would be possible without the support of our amazing team of volunteers, who collect food from various locations and help run the fridge. Our workload is growing, and we're urgently looking for new volunteers to join our friendly team to help run the fridge on a regular basis.

Please contact [communityservices@flitwick.gov.uk](mailto:communityservices@flitwick.gov.uk) or call 01525 631900 if you could help us run the fridge on Saturday mornings or weekday mornings.

## Free Summer Fun

The Town Council is committed to providing support for families by organising free family friendly events including the Family Fun Day with free open air cinema, free fun fair and free stay and play on **Saturday 8th June** at Millennium Park.

During the summer holidays, there is a whole programme of free activities to help keep children entertained (see page 11).

We also have the free Community Movie Days with two dates in the summer holidays on **25th July** and **29th August**.



Scan the QR code to access the cost of living page on our website for the latest information, how to access support from Flitwick Food Extra and The Need Project, CBC Benefits Calculator and link to the Flitwick Fridge Facebook page.

## Community News & Events

### Flitwick Gardeners' Annual Show

Flitwick Gardeners' Association Annual Show takes place on **Saturday 17th August** at Flitwick Village Hall.

The show is open to the public in the afternoon from 3pm to 4pm with tea, coffee and homemade cakes available as well as a raffle.

On show will be lots of vegetables, flowers, fruit, home produce, handicrafts and photographs.



## Help Flitwick Village Hall Raise the Roof

Flitwick Village Hall Management Committee are busy fundraising to repair the hall's leaking roof. Donations however small will be much appreciated in helping to reach the target of £20,000.

A Go Fund Me page has been created [gofund.me/c4963779](https://gofund.me/c4963779)



### PULLOXHILL OPEN GARDENS SUNDAY-23rd June - 11am - 5pm



Walk around the delightful village of Pulloxhill and enjoy the many varied gardens open for you to see.

Purchase Tickets and Map at The Old Smithy on the village green or at the Church Hall

Adults £5.00 - Children under 16 free

Refreshments, home-made cakes and light lunches  
(11.30am-4.30pm) available

**Plant Stall**

Unable to visit the gardens?

You are more than welcome to come and enjoy lunch or just pop in for tea and home-made cakes at the Church Hall.

Car Parking available at The Cross Keys.

Pulloxhill Church Hall,  
Bedfordshire, MK45 0TB

In aid of Village Projects

**LTA**  
BIG TENNIS  
WEEKEND

# GIVE TENNIS A GO

Come along to our **FREE OPEN DAY**  
10am to 1pm Saturday 15th June 2024  
**EVERYONE WELCOME!!**

Book your free place at:  
[www.flitwicktennis.co.uk](http://www.flitwicktennis.co.uk)



### Flitwick Scout Group Plants Hedge to Boost Local Environment

In a wonderful display of community spirit and environmental stewardship, over 80 members of Flitwick Scout Group gathered in March to plant a hedge around their meeting place.



Scouts of all ages participated in the event. The young environmentalists were guided by their leaders and volunteers as they dug holes, planted saplings, and learned about the vital role hedgerows play in supporting wildlife. Flitwick Town Council ran a litter pick in the same field at the same time which some of the young people took part in after planting their section of hedge.

The new hedge is expected to become a thriving habitat for a variety of species, enhancing the biodiversity around the groups meeting place. This project also aligns with the Scouts' values of conservation and community service, offering the children practical skills in environmental care.

## Flitwick Car Show

Cars, Bikes, Buses, Lorries and more



**Sunday 18th August**  
**10am till 4pm**

Flitwick Millennium Park and surrounding area  
Food stalls, kids entertainment, Bus Bar and more  
Book you free space call/txt or whatsapp 07368117032  
[www.flitwickcarshow.com](http://www.flitwickcarshow.com)



**ROYAL BRITISH LEGION**

**80** years

**D-DAY**  
Service  
6th June at 10.00 am  
Flitwick War Memorial  
Station Road.

# One-O-One

## SERVICE CENTRE

Independent Ford Specialists

FORD MARKET LEAD

GENUINE FORD PARTS

WARRANTY PROTECTED

### ALL MAKES SERVICE & REPAIRS

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**Clutches**

**Brakes**

**Air-Con**

**Batteries**

**Cambelts**

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**Local Collection & Delivery**

One-O-One Service Centre,  
Unit 7E,  
Station Road,  
Amphill MK45 2FQ

T: 01525 716111 or 01525 840038

E: [enquiries@one-o-oneservicecentre.co.uk](mailto:enquiries@one-o-oneservicecentre.co.uk)

W: [www.one-o-oneservicecentre.co.uk](http://www.one-o-oneservicecentre.co.uk)

# Forget Me Not

A group to support carers and people with memory problems or Dementia run by volunteers

Are you caring for somebody or know someone with Dementia or memory problems?

Carers can spend time sharing their experiences and supporting one another.

If you want to speak to people in a similar situation to you, Flitwick Forget Me Not group is a good place to start.

Carers who come regularly say they get a lot of support and help from the sessions.

**The Rufus Centre Flitwick**  
1.30pm - 3.30pm

**8th July**

**12th August**

**9th September**  
Tea & Cake!

Organised by Flitwick Town Council

more information: 01525 631900 or [communityservices@flitwick.gov.uk](mailto:communityservices@flitwick.gov.uk)

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## Scarecrow Festival

This year's Flitwick Scarecrow Festival has moved to the more traditional time of September.

**Make a date in the diary  
for the weekend of  
28th and 29th September  
and start planning your entries.**

'Children's Films' is this year's theme – who would be your favourite character?

We will have an interactive map with all the entries on our website so you can explore the scarecrows at your leisure.

Don't forget to register your entry on our website [www.flitwick.gov.uk](http://www.flitwick.gov.uk) before Monday 21st September to ensure you are included on the interactive map.

We can't wait to see your creations. Here's a reminder of some of the fantastic scarecrows from last year.



# FLITWICK SKATE 'JAM'



In partnership with  
Rollback World

**SUNDAY  
22ND  
SEPTEMBER  
2024**

**MILLENNIUM PARK  
FLITWICK  
MEET: 12 NOON  
START: 1PM - 4PM**

Categories for all levels

**FREE ENTRY**

*plus!*

**STREET FOOD  
EVENT**

*ENJOY THE BEST OF STREET FOOD  
1200h TO 6PM WITH  
MOBILE BAR & DJ*



Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)

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## Second Skate Jam

Following on from the success of Flitwick Skate Jam with Rollback World in May, a second competition will take place at Millennium Park on **Sunday 22nd September**.

Street Food Heroes will also be back from 11am to 6pm with the Skate Jam registration open at 12 noon and all the action from 1pm to 4pm.

Congratulations to everyone who took part in May and well done to all the winners. We can't wait to see more tricks and skills in September.

Join our team

# WE ARE LOOKING FOR...

**Engagement Officer**

**Database Office Administrator**

**Part-time hours**

**Part-time hours**

For more information, visit

[www.healthwatch-centralbedfordshire.org.uk/vacancies](http://www.healthwatch-centralbedfordshire.org.uk/vacancies)

📞 0300 303 8554 @ [info@healthwatch-centralbedfordshire.org.uk](mailto:info@healthwatch-centralbedfordshire.org.uk)





The next Share: Flitwick and Ampthill

# REPAIR CAFE

is at Flitwick Village Hall,

Dunstable Road, Flitwick, MK45 1HP

on Saturday 13th July

from 1.30pm to 5pm

(last repair check in 4.30pm)



Find out more and register your item for repair using the QR code, or by emailing:  
[repaircafe@shareflitwickandampthill.org](mailto:repaircafe@shareflitwickandampthill.org)



And don't forget! Your local **Library of Things** is open at the back of the Rufus Centre, Steppingley Rd, Flitwick,

**10am to noon every Saturday**

(Follow the building round to the left from Reception)

[www.shareflitwickandampthill.org](http://www.shareflitwickandampthill.org)



## TEA DANCE

Come and Join us at  
The Rufus Centre, Flitwick  
2PM - 4PM

TICKETS:  
£4.50

No need to pre-book - pay on arrival



THURSDAY 13TH  
JUNE  
CHRISTINE BOULT

THURSDAY 8TH  
AUGUST  
DERRICK FARMAN



Includes Tea & Cake!



Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)

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## Over 60s Lunch Club The Rufus Centre

Arrival from 12.15pm  
Food served at 12.30pm

**£8.50 per person**

Come and join us on the  
third Tuesday of the month for  
a delicious two course meal,  
good company, and a game of  
bingo (optional!)

**Everyone welcome  
Hope to see you there!**

Book online at [www.therufuscentre.ticketssolve.com](http://www.therufuscentre.ticketssolve.com)  
or call 01525 631900 for more information

Please note: All places must be pre-booked. Booking closes  
on the **Thursday** before the date, at 12 noon. Please inform  
us of any allergies & dietary requirements when booking.



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1 The Avenue, Flitwick, Bedfordshire, MK45 1BP



## The Rufus Centre

Summer is always a busy season at The Rufus Centre with parties, wedding receptions and civil ceremonies taking place in the Lockyer Suite.

If you're looking for the perfect venue for your celebration, Flitwick residents get 10% discount on room hire for evening bookings. Please get in touch to find out more.



Already this year we have seen lots of different events at The Rufus Centre, some for the first time like the Ceilidh and Yoga & Brunch. The sold-out Mia Mumma tribute show in May proved to be one of the most popular with guests really getting into the Abba vibe with colourful outfits and platforms!

### A NEW EASY TO USE BOOKING SYSTEM

Ticketsolve is now in place for all our events.

Scan the QR code to view and book all the events on sale

Including exciting plans for Christmas celebrations.



[bookings@therufuscentre.co.uk](mailto:bookings@therufuscentre.co.uk)  
[www.therufuscentre.co.uk](http://www.therufuscentre.co.uk)  
**01525 631905**

We're delighted to announce the return of Friday Nights@Rendezvous with a series of music and food themed events in the Café.

### Highlights include:

5th July	Twist of Rock
12th July	Soul & Motown
27th July	Comedy Night
9th Aug	Friday Nights@Rendezvous: Garage Night
10th Aug	Silent Disco
20th Sept	Friday Nights@Rendezvous: A Taste of Sri Lanka
19th Oct	Murder Mystery Night
9th Nov	Elton John Tribute

JOIN US FOR A NIGHT OF LIVE MUSIC

# SOUL & MOTOWN

WITH NOEL DA COSTA

**FRIDAY 12TH JULY**

THE RUFUS CENTRE  
 STEPPINGLEY ROAD, FLITWICK

**8PM-11PM**  
 DOORS OPEN 7.30PM

**TICKETS: £10**

BAR FOOD AVAILABLE BETWEEN 8PM & 10PM

BOOK ONLINE\*  
 OR CALL 01525 631900

\*BOOKING FEE APPLIES

LICENSED BAR OVER 18 ONLY

Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](http://events@flitwick.gov.uk)

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# MURDER ON THE DANCE FLOOR MURDER MYSTERY NIGHT

SATURDAY 19TH OCTOBER

7PM - 10.30PM | 3 COURSE SIT DOWN MEAL | £29 PER TICKET  
| GLASS OF WINE INCLUDED |

DINNER PARTY ATTIRE | DRESS TO IMPRESS!



BOOK ONLINE

LIMITED SPACES!



[THERUFUSCENTRE.TICKETSOLVE.COM](http://THERUFUSCENTRE.TICKETSOLVE.COM)

THE RUFUS CENTRE, STEPPINGLEY ROAD, FLITWICK | OVER 16'S | LICENSED BAR



Organised by Flitwick Town Council

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)



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## Christmas Celebrations

Halfway through the year and our thoughts have turned to Christmas already! If you like to plan ahead you'll be pleased to know that Christmas Events at The Rufus Centre are ready to book online.

Due to popular demand we have two Christmas Party Nights this year on **6th and 7th December** plus the popular Breakfast with Santa on **Saturday 21st December**. New for 2024 we have Afternoon Tea with the Grinch on **Saturday 14th December**.

Wearing green is optional!



For more information and to book scan the QR code or visit [therufuscentre.ticketsolve.com](https://therufuscentre.ticketsolve.com)







# Oak Fostering

Long term therapeutic foster placements



**A small independent therapeutic fostering agency which thrives on providing individual bespoke support to ensure that the right children are placed with the right families.**



We welcome anyone interested in fostering whether this would be long-term or to support our main carers with weekend and holiday breaks.

Highly competitive pay rates to reflect the level of professionalism, training and knowledge that the role requires.

**Latest Ofsted in 2023 rated us 'outstanding' please see below some quotes from our report:**

- Professionals recognise the progress children have made and the stability that foster carers offer. Foster carers have been described as 'exemplary' and 'providing care you would hope for any child'.
- Agency staff have excellent working relationships with the team around the child.
- Therapist-led support groups and training allow foster carers to continuously build on their knowledge of therapeutic parenting.



[www.oakfostering.co.uk](http://www.oakfostering.co.uk)  [oakfostering](https://www.facebook.com/oakfostering)  [oakfostering](https://www.instagram.com/oakfostering)

Suite 1, Ground Floor, the Limes, 12 Dunstable Street, Amptill, MK45 2GJ

**Tel: 01525 868682 / 07543810380**

**Dance Like No One Is  
Watching!**

# **SILENT DISCO**

**WITH DJ**

**SATURDAY 10TH AUGUST**

**8PM - MIDNIGHT**

**Over 18's only**  
**Licensed Bar &  
Bar Food**

**Tickets**  
**£15\***

Book online or  
call 01525 631900

**THE RUFUS CENTRE,  
STEPPINGLEY ROAD, FLITWICK**



\*Booking Fee Applies For Online Booking



**Organised by Flitwick Town Council**

For more information: 01525 631900 or [events@flitwick.gov.uk](mailto:events@flitwick.gov.uk)



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