



Learn to smile at every situation. See it as an opportunity to prove your strength and ability.



I started out volunteering with Dan Gaze Support Services and this sparked my passion and ambition to help young people and provide them with a positive role model. I decided to bite the bullet and leave my job of 23 years to pursue my dream, and I haven't looked back.

Working across multiple agencies has enabled me to build experience and witness the difficulties young people face. I have worked on projects aiming to eliminate the exploitation of young people, to mentoring young people with complex ASD and ADHD.

Being calm, patient and a great listener have been key in building strong relationships with the young people I work with. The world can be a challenging place, and I believe that providing an environment with clear boundaries can help them navigate their choices and enable them to thrive and grow.

I support young people in groups and one-to-one, and packages are tailored to the needs of each individual. Packages include educational support I aim to develop social skills and life skills enabling them to fulfil their greatest potential.