Flitwick Papers Autumn 2022



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What's On...

- An Evening with The Numbers: Friday 28th October
- Comedy Night: Saturday 12th November
- Christmas Lights Switch On: Sunday 27th November



Flitwick Town Council The Rufus Centre Steppingley Road Flitwick Bedfordshire MK45 1AH

Follow Us:



t: **01525 631900** e: info@flitwick.gov.uk w: flitwick.gov.uk

Contact Flitwick Town Council:

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Allotments

Your Town Councillors

Contact your Town Councillors via email: firstnamesurname@flitwick.gov.uk or call • using the numbers below. •

using the numbers below.				Burial Ground		
Ward	Name	Contact	•	Community Grants		
Е	Keith Badham	630868	•	Environmental Improvements		
W	lan Blazeby	634585	•	Events and Activities		
Е	Ashwin Chacko	07515 739026	•	Hub Car Park Manor Park		
W	Joe Daly	07983 212807	•	Play Areas, Parks & Open Spaces		
W	Jeremy Dann	713751	•	Resident Driven Projects		
W	Patricia Earles	07929 638404	•	The Rufus Centre		
E	James Gleave	07958 350159	•	The Rendezvous Café & Bar		
E	-		•	The Hub		
_	Howard Hodges	717778	•	Youth Hub		
E	Ann Lutley	712837		Call: 01525 631900		
W	Gareth Mackey	712537		Email info@flitwick.gov.uk		
W	Becky Meredith-Shaw 07718 923708 Contact Central Bedfordshire Counci					
W	Martin Platt	713017	•	Archives		
Е	John Roberts	716360	•	Amenity Areas		
E	Russ Shaw	07784 867921	•	Education		
W	Andy Snape	07590 572440	•	Environmental Services		
W	Dan Toinko	649992	•	Grants		
W	Clare Thompson	07734 866479	•	Grass Cutting		
Central Bedfordshire Councillors				Highways		
Neil Bunyan 0300 300 8512				Industrial Estates Libraries		
5		0300 300 8522	•	Libraries Litter Clearance		
		712537	•	Planning		
			•	Recreation & Leisure		
	Flitwick Pa	bers		Refuse Collections		
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Town Council on a quarterly basis. The				Social Services		
next edition will be Winter 2022 which will				Street Lighting		
be distributed in December. To share your • news and events in Flitwick Papers email •				Trading Standards		
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2 t: 01525 621000				nfo@flitwick.gov.uk.w: flitwick.gov.uk		

Mayor's Welcome

Welcome to the Autumn 2022 edition of Flitwick Papers!



It's been another a c t i o n - p a c k e d summer in Flitwick with our town fast gaining a reputation for being a hive of activity. Thank you to everyone who supported the Flitwick



Family Fun Day and to Jim Snook and colleagues for organising another successful Flitwick Car Show. I've represented Flitwick at the Bedford River Festival, and at events in Leighton Buzzard, Dunstable, Ampthill and Houghton Regis. Additionally, it's been great to see so many people support the Flitwick Sunday Market.

It's always good to see investment in our town and the Senior Living Village being built to Passivhaus standards at Steppingley Road by Central Bedfordshire Council (CBC) will provide much-needed high-quality, affordable accommodation for older people. However, I feel it only right to acknowledge the significant impact the building work has had on neighbouring residents. We are working to ensure that the concerns of residents are heard and taken seriously by decision-makers at CBC.

Everyone is now feeling the impact of the cost-of-living crisis, and the Council is

working with several community groups to implement local initiatives to help. Keep an eye out for the launch of our Community Fridge and other initiatives! I'm continuing to raise money for Flitwick Food Extra and Citizen's Advice Mid-Bedfordshire, two amazing charities that are working in our community. So far, we have raised £1,252! We've just launched a new fundraising scheme, the Town Mayor's Charity 200 Club, where you can help support the two



charities and have the chance to win a cash prize each month too!

You'll find lots of information in this issue about upcoming events, including the Civic Service, Remembrance Parade and many Christmas events! I know that many of you are looking forward to the Christmas Lights Switch On! We're also pleased to finally be making progress on delivering the Nature Park at Maulden Road.

Finally, thank you to everyone who voted for Flitwick Town Council as 'Council of the Year' in the National Association of Local Councils' (NALC) Star Awards, which recognise local councils' contributions to their communities. The winner will be announced on 13th October!

Town Mayor

Finalists in the NALC Star Council Awards

We are delighted to have been named a finalist in the National Association of Local Councils' (NALC) Star Council Awards for Council of the Year! The

prestigious awards are the only awards in England that recognise the local (parish and town) council sector.

They celebrate the positive impact local councils, councillors, young councillors, clerks and county associations make on their communities.

We are joined in the

final by Alcester Town Council, Warwickshire & West Midlands; Bridport Town Council, Dorset; Hatton Parish Council, Derbyshire and Totnes Town Council, Devon.

The Council of the Year category is decided by public vote, which closed on Monday 22nd August. We eagerly await the results which will be announced at an online awards ceremony in October!

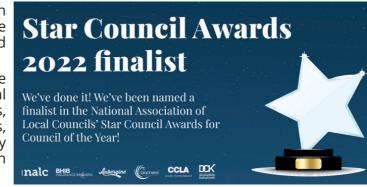
Meetings Calendar

September 20th 22nd 27th	Town Council Business Corporate Services	November 1st 8th 15th 29th	Community Services Business Town Council Corporate Services
October 4th 11th 18th 25th	Community Services Business Town Council Corporate Services	December 6th 8th 13th 14th	Community Services Business Town Council Corporate Services

You are welcome to join us. Find the link on the meeting agenda or email info@flitwick.gov.uk

View the full Meetings Calendar www.flitwick.gov.uk





Nature Park

Outline plans are being formed for the creation of a Nature Park at Flitwick Town Council's 27.7 hectare open space at Maulden Road. The Greensand Trust are working with us to draft a masterplan that will create the overall vision for the site.

The general aim is to manage the site as a Nature Park for informal access by local people on foot and by cycle, and to maintain, create and enhance a range of habitats including lowland meadow, hedgerows, mature trees, woodland and ponds.

The initial masterplan will identify how the site can be laid out in terms of access, recreational areas and habitats.

Watch this space for more news on this exciting project over the coming months.





f /FlitwickTC 📴 @NewsFTC 🞯 /Flitwicktowncouncil

Planning Guide

You can now view the latest planning applications for Flitwick and applications in a wider area which could have an impact on the town on our new dedicated 'Planning' page on our website, using information taken from Central Bedfordshire Council's planning portal. Each planning application listed on our website includes a brief description of the nature of the planning request, along with a link to Central Bedfordshire Council's portal where you can view further details and comment on applications.

Scan the QR code to visit the page, or use www. flitwick.gov.uk/planning-applications/.

We've had a good response to our Planning Improvement Working Group call to residents to come forward and help influence the future development of the town. If you'd like to find out more and enquire about joining the working group, contact us on 01525 631900 or email info@flitwick.gov.uk.



New Flitwick Living History Website

Would you like to be involved in an exciting new project dedicated to bringing the history of Flitwick alive?

We're recruiting residents to join a working group to help develop and manage a new website which will include online history of Flitwick, its people and past events.

The website will be able to include video, image and audio files, as well as



just text. Each 'memory' will be capable of being pinned onto a virtual map of Flitwick and will be searchable by content, type and location.

Cllr Ian Blazeby, Cllr Dan Toinko and Cllr Martin Platt together with residents will form the collaborative Heritage Working Group.

Thank you to all who have been in touch so far, if you have any questions or are interested in joining the working group, please contact lanblazeby@ flitwick.gov.uk.

Flitwick Sunday Market - A Running Success!



Flitwick Sunday Market was launched in June and continues to be a huge success! Each month has seen a number of local stallholders fill the area at 3 Station Road, all selling a wide range of items such as ladies clothing, fresh produce, gifts, plants, refreshments and much more. It is great to see the prime public space being used as the Council intended following the purchase of the

land in November 2021; a central hub for the whole community to enjoy!

The Market takes place on the last Sunday of every month:

25th September 3oth October 2oth November* 18th December* (*The last two market dates fall outside of the usual 'last Sunday of every month'

pattern due to other exciting Christmas events being held at the same time. You can find out more in this issue of Flitwick Papers.

Community Grant Applications - Now Open

Are you a registered charity or non-profit organisation? Do а you have an idea for a project or initiative which would benefit the Flitwick community but need funding to make it happen? The second round of Community Grant applications are now open! www.flitwick.gov.uk Visit for an application form or contact susaneldred@flitwick.gov.uk for more information. Closing date is Friday 16th September.



Educational Grants

Are you due to start your second year of university or apprenticeship this September?

Flitwick Combined Charities offer a one off support grant in the Autumn to students whose home is in Flitwick and have completed their first year at university, or in an apprenticeship and are about to enter their second year.

To apply for an educational grant please visit www. flitwickcombinedcharities.org.uk and download an



application form. Deadline date for receipt of applications is **30th September**. The charity also provides support to Flitwick residents who are in financial need and offer grants for specific items throughout the year, as well as

grants around Christmas time. You can visit the website for forms and more information. Deadline date for receipt of applications for a Relief In Need Grant is **31st October.**

If you need any more information please contact Ann Lutley, Flitwick Combined Charities' Treasurer on 01525 712837.

FESTIVAL FOR OLDER PEOPLE



Friday 7 October 2022 - 10am to 2.30pm The Rufus Centre, Steppingley Road, Flitwick MK45 1AH

Advice and information for older people from load organizations, reductory and conventity groups FREE ENTRY, LUNCH, REFRESHMENTS AND ENTERT AINMENT

For further details or if you need help with transport:

Supported by:

town toungs healthwatch

Flitwick Skate Jam Competition

A fantastic afternoon was had by all at the annual Flitwick Skate Jam Competition in August. Many local young people braved the hot weather and took to the ramps to show off their skateboard, scooter and BMX skills at Millennium Park! The event was funded by Flitwick Town Council and coordinated by RollBack World in Bedford. The Town Mayor presented prizes at the end of the afternoon for the 1st and 2nd place in each category.





Well done to all of the winners!



90's Throwback Evening

Get ready to dance and sing along to some of the most iconic bands of the 90's at the 'Back to the 90's Tribute Night' on **Saturday 17th September** at The Rufus Centre. ADJ as well as live music from Duelle Duo will keep you entertained with all of the classic 90's hits, come along for a fantastic evening out! Tickets can be purchased online at Eventbrite(booking fee applies), by calling us on 01525 631900 or in person at the Town Council Offices. We hope to see you there!



Flitwick Car Show

Hundreds of vehicles of all shapes and sizes took over the town in August at the annual Flitwick Car Show. The event saw local residents and the community enjoy a free day out in the town, thanks to organiser (and local resident) Jim Snook.

Special awards were presented to the 'Best Car', 'Noisiest Vehicle', 'Shinest Vehicle' and the 'Best Bike', all judged by a public vote.

Save the date for next year's event: **Sunday 20th August 2023**! More information can be found at www.flitwickcarshow.com





t: 01525 631900 e: info@flitwick.gov.uk w: flitwick.gov.uk

What is a Library of Things?

Libraries of Things are setting up all over the UK to support communities by loaning out useful household items for a short time, for a small fee. Borrowing instead of buying saves money, saves storage space and reduces waste by re-using and fully using items. We're hoping to be loaning items to residents in Flitwick, Ampthill and surrounding villages from our base at Flitwick Village Hall from October 2022.

How can I borrow an item?

You will be able to view our stock online at www.shareflitwickandampthill.org If you would like to borrow anything, sign up as library member for a small fee (discounted against your first loans), and you will then be able to reserve items online for collection.

Can I help?

Yes please! We are looking for

- Volunteers: setting up our store cupboard, staffing our loan sessions, checking and maintaining equipment, managing and collecting donations.
- Donations: We need good quality items, in working order, for loaning.
- Your interest: we would love to hear from you if you would like to use the Library. Tell us what you would like to borrow, for how long, and at what times.

To volunteer, donate or find out more, please contact us on info@ shareflitwickandampthill.org, or follow and message us on Facebook, Instagram, or our website www.shareflitwickandampthill.org

Share: Flitwick and Ampthill is supported by grants from Flitwick Town Council, Ampthill Town Council, Central Bedfordshire's "Inspiring Volunteering" fund, and by provision of space and time by Flitwick Village Hall.





Civic Service

This year's Civic Service will take place at 3pm on **Sunday 9th October** at St Peter & St Paul Church.

Hosted by the Town Mayor, Councillor Andy Snape, the Civic Service will be conducted by Reverend Claire Harald.

If you would like to attend this special service you will need to let us know in advance. Please contact Susan Eldred on 01525 631900 or email susaneldred@flitwick.gov.uk.

We have limited space available but will try and accommodate all requests.



Flitwick Street Food Heroes

This month sees the last Flitwick Street Food Heroes event of 2022 - what a fantastic run of events we've had! Each month from May onwards, delicious aromas have filled the air of Millennium Park for an afternoon of street food treats and entertainment.

From wood fired pizza to oriental bao buns, there has been something for everyone to try, with different vendors joining us each time.

Be sure to come along to the next event, which is the last of this year on **Sunday 18th September** from **11am to 6pm**. We're joined

by Street Food Heroes resident DJ for each event who creates a great atmosphere, perfect for a Sunday afternoon out! We look forward to seeing you there.

Platinum Jubilee Scarecrow Festival

Message Upon a Star

Would you like to write a message on a

star to be displayed on the community

Christmas Tree?

A big thank you to everyone who took part in this year's Flitwick Scarecrow Festival in July. We really enjoyed seeing all of the special Platinum Jubilee themed scarecrows across the town! You can view all of the scarecrows on on the image gallery on our website www.flitwick.gov.uk.

We have an exciting them planned for next year's event. More details will be revealed in the new year!

Christmas Stars

This year we plan to decorate the Christmas Tree in the Town Centre with stars that you can write your Christmas messages on. If you would like to take part visit The Rufus Centre and purchase a star for £1.50. You can then take your star home to write your message. Stars must be returned to us

by Friday 18th November.

More details will be announced on social media so make sure you follow our pages.







Central Bedfordshire Libraries

Join our

group at

Flitwick Library!

Chatter BOOKS

Do you enjoy reading and meeting new people? Come and joins us once a month at the library on Saturdays starting in <u>September!</u>

It's the perfect reading group for 8-12 year olds

Take a look at all the amazing clubstat Flitwick Library!



If you are interested in joining us please call the Library on 0300 300 8057 or email <u>Flitwick.Library@centralbedfordshire.gov.uk</u>

Remembrance Parade



Sunday 13th November

Station Square, Flitwick

The Royal British Legion, Uniformed Cadets and the younger groups of our town, The Rainbows, Brownies, Guides, Rangers, Scouts, Cubs, Beavers and Boys Brigade will assemble to the RBL Hall at 2pm All uniformed groups will march from the RBL Hall, at 2:30pm to the Memorial for the Remembrance Service at 2:45pm.

ver 60s Lunch Club Menu The Rufus Centre

Starts at 12:30pm Flitwick residents £6.50 / Non residents £7.50 Transport available for Flitwick residents

20th September Jacket Potato with a choice of filling (either Cheese & Beans, Chilli/Bean Chilli or Tuna Mayo) Served with Salad Lemon Meringue Pie

18th October

Cottage Pie or Vegetarian Cottage Pie Served with Seasonal Vegetables

Fresh Fruit Salad with Fresh Cream

Winter Dates: 15th November & 13th December (Christmas Lunch Special priced separately)

Call Flitwick Town Council on 01525 631900 to book. Please note: All places must be pre-booked 3 working, days in advance. Lunch booking closes on the Thursday before the date, at 12 noon. Please inform us of an allergies & dietary requirements when booking.

Over 60's Lunch Club

Take a look at what's on the menu for the next Over 60's Lunch Club on Tuesday 20th September! Come along for a delicious homemade two-course lunch and light entertainment, held in the Lockyer Suite at The Rufus Centre.

The cost is £6.50 for Flitwick residents and £7.50 for non Flitwick residents, all including a meal and free entry into the raffle.

Make a date in the diary for the next three Lunch Clubs:

Tuesday 18th October Tuesday 15th November

Tuesday 13th December - Special Christmas Lunch £13 - see page 27 for more details of this popular celebration. To book your place call 01525 631900.





Central Bedfordshire Council is committed to providing a safe place to live and work. To achieve this they have created a Community Safety Team. Community Safety is a high public priority and can affect the quality of life for individuals and communities.

The Community Safety Team have several officers that have varying functions such as CCTV monitoring, environmental protection and patrols for areas where anti-social behaviour is a concern.

The Safer Neighbourhood Officers undertake both patrols and enforcement across Central Bedfordshire, providing a visible presence and reassurance to residents. Their role includes issuing Fixed Penalty Notices for offences such as littering, dog fouling, breaches of Public Space Protection Orders with dog control and alcohol consumption in public places that cause antisocial behaviour.

Officers share information with the Police and other internal departments within the council to assist residents where they can.

The Council also has a statutory obligation to have a Community Safety Partnership, known as 'Safer Central'. The Community Safety Partnership is in place to allow a group of organisations to collectively work



together to tackle community safety issues. These organisations consist of Central Bedfordshire Council, Bedfordshire Police, Bedfordshire Fire and Rescue Services, Bedfordshire Clinical Commissioning Group, and the National Probation Services. The Council also has officer's that work within this team providing Town and Parish Councils with a single point of contact. These officer's often organise the Council's engagement events.

The team regularly ask residents to complete their Safer Central survey, as the results and responses from this are used to determine the priorities for the next five years and targets specific actions that affects residents the most.

To complete the survey please visit www.safercentral.org or scan the QR code.





Flitwick Food Extra

Flitwick Food Extra, organised and run by members of Flitwick Parish Church and the local community, are delighted that the Flitwick Town Mayor has chosen them as one of his charities for his term of office. The team has provided boxes of pre-measured ingredients and recipes for over 1000 meals since starting up in December 2020. Flitwick Food Extra started with the aim to help families most affected by changes brought about through the pandemic.

While many families are now finding their feet, others have been hit by the rising costs of living and so this additional funding will help Flitwick Food Extra to identify and support them also. Working closely with local schools and the Children's Centre, the extra support provided by the Mayor will help them reach out to more families.

In addition, Flitwick Town Council was delighted to host Flitwick Food Extra families and volunteers at the Rufus Centre for five 'fun days' during August which included lots of fun activities and a hot lunch.

Volunteer Judith Carrington said: "It is so important that Flitwick Food Extra is able to support families in our community. We distribute our boxes during school holidays as we know that for many families these are stressful times. We like to engage the children in cooking using our step-by-step recipes, and by providing activity booklets."

The dishes are varied and include a combination of mains, desserts and snacks and have included vegetarian stir fry, creamy pasta bake, sage and onion burgers with salad and sweet potato fries. Along with the food provision the boxes have also contained activity booklets and craft supplies, as well as back to school essentials. One recipient of a box said, "Thank you so much for the bits today, - such a big help in these tough times and the kids love it."

Flitwick Town Mayor Andy Snape said: "Flitwick Food Extra is a fantastic grassroots initiative that is making a real difference to local families here in Flitwick. I hope that being one of my charities for my term of office and the additional support from Flitwick Town Council will help them to reach even more families in the town."



Thank you to Flitwick Food Extra for sending this article

For more information about how to support Flitwick Food Extra or to make a donation, please email foodextra@flitwickchurch.org



Do you need a safe space to talk to someone about what's happening in your relationship?

National helplines:

National 24h Domestic Abuse Helpline: 0808 2000 247 (offers live chat service) Men's Advice Line: 0808 801 0327 (web chat available) LGBTQ+ DV helpline: 0300 999 5428 (offers live chat service) Karma Nirvana - 'Honour'-Based Abuse Helpline: 0800 5999 247 National Stalking Helpline: 0808 802 0300 Revenge Porn Helpline: 0345 6000 459 Respect Phone line: 0808 802 4040 (for those who are worried about or want to change their behaviour – web chat service available) Child line: 0800 1111 (provides night chat service) Victim Support 24hr Support Line: 0808 168 9111 (offers live chat service) Police non-emergency: 101

Looking for local support?

Bedfordshire Signpost Hub: 0800 028 2887 Bedford Women's Centre: 01234 316801 Luton All Women's Centre: 01582 416783 Stepping Stones Luton: 01582 457114 Women's Aid in Luton: 01582 391856



Or go to the <u>Bedfordshire Domestic Abuse Partnership</u> website for advice and guidance about all types of domestic abuse and the services and support available for anyone affected by domestic abuse and unhealthy control in Bedfordshire.

- If you are scared of your partner, ex-partner or a family member, it is not your fault and you are not alone.
- You can use the information in this Safe Space to find help and support.
- If you are in immediate danger please call 999.

What's On This Autumn

If you are looking for something to do this Autumn there's lots of events planned at The Rufus Centre to suit all ages!

An Evening of Clairvoyance with Denise Newman

Friday 30th September

8pm - 10.30pm

Tickets cost £17. Call Denise on 07762337708 to book. Tickets are also available to purchase on the night.

The Selfish Giant

Wednesday 26th October

Doors open: 2pm Show starts: 2.30pm

Join us for a magical puppet show

during the October half term as the Sealegs Puppet Theatre entertain the audience with their storytelling bought to life with their incredible puppets.

Tickets cost £5.50. Call 01525 631900 to book or call into The Rufus Centre.

An Evening with The Numbers

Friday 28th October

7pm until late

We are looking forward to the return of the Numbers to The Rufus Centre this Autumn with an evening of live music from this fantastic local band.

Their last performance was a sell out!

Tickets £5. Book via Eventbrite (booking fee applies), call 01525 631900 or call into the Town Council Offices at The Rufus Centre.

Refreshments and licenced bar available.





Wildlife Trust for Beds, Cambs & Northants Wildlife Walks and Talks

Sunday 30th October, 9:45am - 3:00pm, Houghton Conquest (TL044412)

Seed Collection with Colin Carpenter, free - donations welcome

Join Colin and other volunteers to collect seed from native trees and hedgerow plants. These will be planted and nurtured for distributing to various organisations to create and re-populate woodlands throughout the UK. A vital conservation activity and enjoyable too! Park and meet in Rectory Lane, Houghton Conquest at 9.45am. Please have appropriate footwear and clothing for this activity, and a packed lunch if you are staying until 3.00pm. To reserve a place or for further information please email Ann at flitvale. info@gmail.com or ring or text on 07580 178889.

Volunteering Opportunities in Flitwick

The Air Cadets, Army Cadets, Boys Brigade, Fire and Rescue Cadets, Girlguiding, Girls Brigade, Police Cadets, Scouts, Sea Cadets and St John Ambulance in Bedfordshire have all seen an increase in children and young people wanting to join them, creating opportunities to volunteer.

Nigel Taylor, Chairman of Bedfordshire Youth United said: "There are great opportunities to work with young children from age four and upwards or to work with teenagers. What we can guarantee is that you will have a great deal of fun as a volunteer and you will be proud seeing those young people develop new skills. As a volunteer myself, I have seen children and young people develop their confidence, work as a member of a team and participate in activities including caving, climbing, and kayaking. Volunteering is incredibly rewarding and it's also a lot of fun."

If you are interested in becoming an adult volunteer with any of the uniformed organisations please visit https://forms.centralbedfordshire.gov.uk/officeforms/Volunteer_form_for_bedfordshire_organisations.ofml

Article sent in by Bedfordshire Youth United

Macmillan World's Biggest Coffee Morning

Make sure you join us at the Village Hall on **Friday 30th September** for the Macmillan World's Biggest Coffee Morning between 9am-12pm. There'll be delicious cakes and refreshments available for a donation to help raise funds for this fantastic charity. Pop in if you are visiting the market!

If you have community news and events to share please get in touch: beverleyjones@flitwick.gov.uk or call us on 01525 631900.

Eyes Down for Bingo!

If you enjoy playing Bingo why not come along on the last Friday of every month to the Village Hall at 2pm. It is a great opportunity to play a game or two of Bingo and meet new friends. Refreshments are available too! No need to book just come along. If you need any more information please call Ann Lutley on 01525 712837.

Adventures for Flitwick Scout Group

All the young people at Flitwick Scout Group have been outside, having fun, going on adventures and learning skills for life during the Summer term. Squirrel Scouts (boys and girls aged 4 and 5) have prepared to go on an adventure, followed a treasure map through Flitwick Woods, and invented their own super heroes. A first for Flitwick Squirrels, nine Squirrel Scouts also earnt the top award for Squirrel Scouts: The Chief Scout Acorn Award.

Beaver Scouts (boys and girls aged 6 and 7) have been looking for minibeasts at Wadelows, have spent time at Flitwick Moor, and had some reptiles visit them. They finished the term

with a Teddy Bear's picnic at Ampthill Park.

The Summer term culmunated in the much anticipated summer camp, postponed since 2020. Over 50 Cubs and Scouts camped away for a week (with Cubs also having a shorter 3 day option) in the middle of a tranquil campsite by Chalfont St Peter. They had days packed with activities, covering archery, climbing, abseiling, 150m twin zip wires, crate stacking, tomohawk throwing, a gladiator challenge, outdoors laser tag and more, alongside a range of other activities being put on by the adult volunteers that took them for the week.

Hannah Reeve, one of the Scouts who attended, said "Everyone hadn't been

on Summer Camp for 3 years, so it was great to be back and all of the activities were brilliant!".

For further information on Flitwick Scout Group visit:

www.flitwickscoutgroup.org.uk

Article sent in by Flitwick Scout Group



Little Squirts - A Walk in the Park

Children and staff members from Little Squirts Pre-School in Flitwick dusted off their walking boots and took off for a 1 mile sponsored walk in Manor Park, in their attempt to raise funds for a defibrillator to be installed onto the Pre School building in Dunstable Road.

The walk was a huge success, with 69 people taking part in the sponsored walk, including the pre-school children, staff, parents and family as well as Vincent from Flitwick Town Council's Public Realm Team who helped to navigate the group across Manor Park and Tracey from Rebecca L Faret Solicitors who supported the event.

Thanks to the fantastic efforts of the pre-school, the group managed to exceed the amount required, and are hoping to help with getting a second defibrillator installed in the town.

Well done to everyone involved for raising funds for such an important piece of equipment!



Get Set for the Halloween Trail

The organisers of the Flitwick Halloween Trail on **31st October** are getting ready for this year's event. Make sure you follow the Flitwick Halloween Trail Facebook page for all the latest news.

We will also be displaying an interactive map on our website for you to follow. Visit www.flitwick.gov.uk nearer the time! Flitwick Halloween Trail



31st October 2022 Don your costumes and follow the trail to get your treats Up to date trail information search Flitwick Halloween trail on Facebook



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> 01525 712112 | rlfaret.co.uk 1 The Avenue, Flitwick, Bedfordshire, MK45 1BP

The Rufus Centre

The team have been busy planning special events for Christmas this year at The Rufus Centre and this year we are holding two special party nights.

If you are looking for somewhere different to celebrate the festive period with friends, family and colleagues we are holding a Christmas Party on **Saturday 3rd December** with live music and DJ, Christmas meal and dessert for £18 per person. You can find out details of this on page 27.

For all ages we have something different! A Family Christmas Party on **Saturday 10th December** complete with a buffet, quiz, disco and a visit from Santa! Tickets are £10 for adults and £8 for under 13s.

We have had a very busy Summer with weddings, parties and even an outdoor picnic for two walking groups, part of Bedfordshire Rural Communities Charity Ramblers Well Being Walks, and the U₃A Ukulele Group

Meetings and Conferences have been busy too and we are looking forward to returning exhibitions in the next couple of months which make full use of all of the meeting rooms including the Lockyer Suite which can accommodate up to 200 people.

Rendezvous Café & Bar

As we head into a slightly chillier season, we'll have plenty of treats in store to keep you warm! We also offer a new Children's Menu.

The Café has become very popular with local groups and organisations to meet for breakfast, lunch and refreshments and we love to see everyone getting together and enjoying their time with us including the Flitwick Branch of the Royal British Legion who meet regularly for breakfast.

We're open Monday to Friday 8am to 4pm and on Saturdays from 8am to 2pm.

Come and work with us!

We have casual vacancies for Bar, Catering and Hospitality Assistants to help at events and in the Café. For more information please email bookings@therufuscentre.co.uk or call 01525 631905.

Tel: 01525 631905

Email: bookings@therufuscentre.co.uk



/TheRufusCentre /WeddingsAtTheRufusCentre



@RufusCentreFTC



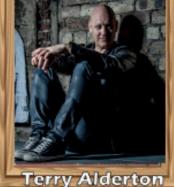
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www.therufuscentre.co.uk

BRINGING COMEDY ROYALTY TO: Flitwick 12th NOVEMBER







DOORS 7:30pm SHOW 8:15pm

Paul Revill

THE RUFUS CENTRE, FLITWICK, MK45 1AH

Over 18s only - Bar available

BOX OFFICE: 01525 631900/EVENTBRITE (booking fee may apply)

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Fiona Ridgewell

Organised by Flitwick Town Council &



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Central Bedfordshire Libraries



Poetic Flitwick At Flitwick Library

Help us transform Flitwick with poetry.

We are collecting submissions of poems throughout September. Each one will be turned into a poster and put on streetlights throughout Flitwick for October. Plus, the entire collection will be available at the library to view.



CBClibraries @cbc libraries



If you'd like to take part, please send an email to <u>Flitwick.library@centralbedfordshire.gov.uk</u> with your **name**, **poem title**, and **poem(s)**, or simply hand your poem into the library.

If you'd prefer to not have your name featured on the poster, we can keep your poems anonymous.

🔊 www.centralbedfordshire.gov.uk/libraries

What's On this Christmas





Organised by Flitwick Town Council

For more information: 01525 631900 or events@flitwick.gov.uk



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