

Flitwick papers

March/
April 2019



Flitwick Town Council
The Rufus Centre
Steppingley Road
Flitwick
Bedford
MK45 1AH



*Fantastic aerial view of Flitwick and Manor Park
taken by Eric Tea*

 **01525 631900**

 **01525 631903**

 **info@flitwick.gov.uk**

 **www.flitwick.gov.uk**

 **/FlitwickTC**

 **@NewsFTC**

What's Inside:

Annual Town Meeting

Police Community Surgeries

British Red Cross

Easter Egg Trail



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Your Local Representatives

Flitwick Town Councillors

| Ward | Name | Contact |
|------|------------------|-------------------|
| E | Janet Blakeman | 712078 |
| W | Ian Blazeby | 634585 |
| E | Mark Bonner | Contact TC Office |
| W | Jeremy Dann | 713751 |
| E | Patrick Feerick | Contact TC Office |
| E | Ann Lutley | 712837 |
| W | Gareth Mackey | 712537 |
| W | Martin Platt | 713017 |
| W | Keith Quantrill | 715904 |
| E | John Roberts | 716360 |
| W | Michael Sheehan | Contact TC Office |
| W | Dan Toinko | Contact TC Office |
| W | Phillip Thompson | 720582 |
| W | Maureen Williams | 714714 |

Flitwick Town Council deal with; Allotments, burial ground, grants, environmental improvements, events and activities, play areas, Youth Hub, parks and open spaces, Flitwick Manor Park and The Rufus Centre.

Central Bedfordshire Councillors

| Name | Contact |
|---------------|---------|
| Fiona Chapman | 290177 |
| Charles Gomm | 712328 |
| Andrew Turner | 752670 |

CBC deal with; Environmental Services, Grants, Grass Cutting, Highways, Industrial Estates, Planning, Recreation and Leisure, Refuse Collections, Litter Clearance, Recycling, Amenity Areas, Education, Libraries, Archives, Social Services, Street Lighting, Trading Standards, Traffic Management and Youth Services.

Telephone 0300 300 8000

Annual Town Meeting

**Tuesday 9th April
at Flitwick Library from 7.45pm**

ALL Flitwick residents are invited to this public meeting. It is an opportunity to hear about the work of the Town Council and to put any questions or views to them.

Agenda:

1. Welcome by Town Mayor
2. Apologies for absence received
3. To confirm and adopt the Minutes of the Annual Town Meeting held on 10th April 2018
4. To receive the Town Council Financial Statement for year ending 31st March 2018
5. To receive reports from the Chairmen of the following and questions from the meeting when the reports have been read
 - A) Annual Report (Town Mayor)
 - B) Corporate Services Committee
 - C) Community Services Committee
 - D) Planning Committee
 - E) Business Services Committee
6. To receive written reports from the Council's representatives on outside bodies
7. To receive reports from Central Bedfordshire Councillors
8. To note accounts of the Flitwick Combined Charities
9. To deal with any other business

Following the Annual Town Meeting agenda above, we will hear presentations from your **Community Policing Team and Bedfordshire Clinical Commissioning Group**. Both will give residents an update on their current work in the area since the two public meetings held in 2018 on crime and healthcare provisions.

It is also your chance to ask questions as both will offer a Q&A section after.

Town Council Meeting News

Tuesday 19th March

Many matters were discussed at the meeting including the proposed CBC Crematorium (see page 5).

As an addition to what's shown opposite, there will a display at the Annual Town Meeting to show residents the intended equipment upgrades planned for the Millennium Park play area revamp this summer.

It was also decided to continue with the Community Exchange with Calvisson in France, in particular to build on links between youth organisations.



Town Council Diary

All meetings listed are held at the Rufus Centre unless stated otherwise

April

| | | |
|------------|------------------------------------------------------|---------------|
| 3rd | Community Services | 7.45pm |
| 4th | Planning Committee | 7.45pm |
| 9th | Annual Town Meeting (at Flitwick Library) | 7.45pm |
| 11th | Business Services | 7.45pm |
| 16th | Town Council | 7.45pm |
| 25th | Planning Committee | 7.45pm |

May

| | | |
|------|--------------------|--------|
| 9th | Business Services | 7.45pm |
| 16th | Planning Committee | 7.45pm |
| 21st | Town Council | 7.45pm |
| 29th | Corporate Services | 7.45pm |

Quiz Night Success

17 teams put their knowledge to the test at the Quiz Night in February. Guests enjoyed a fun packed evening in The Lockyer Suite with delicious food made by The Rufus Centre's in-house catering team.

Many congratulations to 'The Seasoned Clangers' who were the worthy winners claiming the Lister Cup, wine and chocolates for all the team members.

Thanks to the generous support from everyone on the night with the quick fire 'True/False' elimination game and raffle, a grand total of £1,055.27 was raised for the Flitwick Christmas Lights Appeal 2019.

We've already been asked when the next Quiz Night will be. The community events calendar is already very busy for this year but look out for news in the Autumn!



*The Triumphant 'Seasoned Clangers' and
The Lister Cup*

Come and join the celebrations

Help us celebrate people who contribute to the
Community of Flitwick

Flitwick Community Awards Evening

The Rufus Centre, Flitwick, MK45 1AH

Friday 26th April

7:30pm

£4 per person (Including Vegetable Lasagne or Chilli Con Carne)

Please Call to book: 01525 631900



Organised by Flitwick Town Council

Kindly Sponsored By



 /FlitwickTC

 @EventFTC

FTC Object to Crematorium Development

Our Planning Committee discussed Central Bedfordshire Council's (CBC) planning application for a Crematorium on 14th March. 22 members of the public attended and voiced a number of concerns, which were supported by Members.

We have objected to the application based on the following: the unnecessary use of greenbelt land, the location being inappropriate, the road junction being dangerous, traffic implications and the design of the building.

We will be asking CBC to release the reason why other seemingly more appropriate sites, particularly Maulden Road, were not being progressed. This was raised by both Town Councillors and residents at CBC's consultation drop-in sessions. We have recently resolved to approach CBC to explore whether or not a Crematorium could be built into the plans as a joint venture at the Maulden Road site.

For further information regarding the Town Council's objection contact Steph James, Acting Town Clerk, on 01525 631900.

CBC Proposals for Land next to Flitwick Leisure Centre

You may have already heard of Central Bedfordshire Council's proposals for the site next to Flitwick Leisure Centre, which includes a care home, independent living scheme and downsizer housing for the over 55s.



We held two drop-in events in January and from that have written

a list of Frequently Asked Questions (including the GP provision in the area) which we've put on our website to hopefully answer some of your questions.

Since then we have also run some workshops with architects, care providers, health practitioners and the Town Council and gathered some really useful feedback. We're also going to speak to the local business community. This feedback, along with the comments made by you at the drop-ins and via email, will all be used when we consider the next, more detailed, planning application.

A decision on our current outline planning application is expected to be made in May.

As well as the accommodation on offer in the scheme, we are also planning for other facilities and services, like a restaurant or shops. If you have ideas of things that would serve the community on and near that site, please email manop@centralbedfordshire.gov.uk.

Visit www.centralbedfordshire.gov.uk/steppingley-road for more information and news. You can also sign up for dedicated email alerts about progress on this site.

Article sent in by Central Bedfordshire Council

Central
Bedfordshire

Police Community Surgeries



Bedfordshire Police has announced a series of Police Community Surgeries for the coming months in partnership with Central Bedfordshire Council's Community Safety Team. The Surgeries provide residents with the opportunity to discuss any concerns they may have and get valuable crime prevention advice from the team.

Look out for the Police Community Surgeries at Tesco, Flitwick on:

Wednesday 17th April - 2pm to 4pm

Wednesday 10th July - 2pm to 4pm

Friday 4th October - 2pm to 4pm

Friday 11th January 2020 - 1pm to 3pm

Would You Like To Represent Your Community?



**MAKE A CHANGE
BECOME A
LOCAL COUNCILLOR**

If you want to take a greater interest in the work of your local community and get involved in the town's future why not stand as a Flitwick Town Councillor?

This is your opportunity to make a difference and give residents a voice on the decisions the Council makes.

Local elections take place on Thursday 2nd May with seven seats in East Ward and ten seats in West Ward. Papers have to be returned to The Returning Officer at CBC's Priory House by no later than 4pm on Wednesday 3rd April.

For an informal discussion or for more information please contact the Acting Town Clerk, Steph James on 01525 631900 or email stephaniejames@flitwick.gov.uk.

Comedy Night *with* ***Britain's Got Talent*** ***Finalist***

Steve Hewlett

Plus Special Guests

Carl Charlesworth, Elroy Welsh & Paul Revill



*"Your scripts are so witty and your
Ventriloquism is incredible"*

David Walliams
Britain's Got Talent



Organised by
Flitwick Town Council

Box Office
01525 631900

Eventbrite (booking fee applies)

The Rufus Centre

Flitwick
MK45 1AH

Friday 17th May

Arrive 7pm
7.30pm Start

Tickets £18
Including Buffet
Over 18s only
Must pre-book

Bar Available

 **FlitwickTC**

 **@EventsFTC**

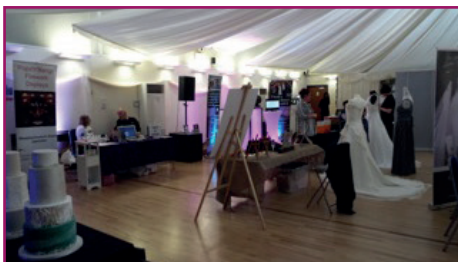
www.flitwick.gov.uk

The Rufus Centre

Wedding season is in full swing at The Rufus Centre with three weddings in the past month and a Wedding Showcase.

Our Lockyer Suite was recently transformed for a wonderful Civil Ceremony with photographs in the Wedding Garden followed by a Wedding Breakfast for 95 guests. The evening saw the arrival of additional guests and a delicious buffet. The beautiful navy and silver colour scheme looked fantastic, guests were entertained by a magician and had fun in the photobooth during the evening.

For those still planning their 'big day' celebrations, the Wedding Showcase organised by Events in a Box on 17th March proved to be popular. With some of our decoration packages on display, along with a mock up ceremony room, visitors were able to see how we transform our event space. We were joined by exhibitors promoting their services including photography, wedding cars, wedding cakes, jewellery and florists together with some very talented musicians.



Wedding Showcase



Pictured: A wonderful March wedding with a Civil Ceremony and Wedding Breakfast in The Lockyer Suite.

Tel: **01525 631905**

Email: Bookings@therufuscentre.co.uk



[/TheRufusCentre](https://www.facebook.com/TheRufusCentre)

[/WeddingsAtTheRufusCentre](https://www.facebook.com/WeddingsAtTheRufusCentre)



[@RufusCentreFTC](https://twitter.com/RufusCentreFTC)

The Rufus Centre



Meet, Work, Celebrate

www.therufuscentre.co.uk

Conferences & Meetings

It has been just as busy with conferences and meetings this month, welcoming clients old and new including the SNAP PCF Conference on 4th March.

The beauty of the Lockyer Suite is that it can be transformed for different events from presentations, conference style to theatre style with tiered seating for performances and offers the perfect layout for exhibitions with its separate refreshments area.

February and March have been busy months with exhibitions including the Three Counties Antiques & Fine Art Fair with 40 dealers in The Lockyer Suite, Templefield Room and Moorfield Room over the weekend of 9th and 10th March.

In February we welcomed for the first time to The Rufus Centre the Gauge 3 Society for their AGM and Annual Winter Show. The Gauge 3 Society is a Railway Club for devotees of larger scale railway models. Members of the public were able to visit the show and see the detailed models on display and talk to fellow enthusiasts. The organisers were delighted with how the event went.



"We had a very good show on Saturday, the venue was ideal, your staff helpful and the catering was just what we wanted, so a big thank you to you and your staff."

We are looking forward to welcoming them back to The Rufus Centre next year. If you want to find out more about holding an wedding, event, conference or meeting at The Rufus Centre please call 01525 631905.

Pictured: The Gauge 3 scale model railway 'Chalfont' kept operators and audience entertained.



The next meeting of Flitwick Business Group takes place on **Wednesday 8th May** at The Rufus Centre in The Lockyer Suite.

Details of the speaker programme for the morning will be announced shortly.

Flitwick Business Group is open to all local businesses and welcomes new members. For more information and to pre-register for the next meeting visit www.flitwickbusinessgroup.co.uk.

Carnival Countdown



Just over two months to go until Flitwick Carnival and we have lots of opportunities for you to get involved!

Performers and organisations, why not join the parade? Perhaps you could perform in the main arena and keep the crowds entertained in Millennium Park?

Traders you can book a pitch at the park for just £40 and if you are a local organisation or charity you can book a pitch for just £15.



We also need volunteers to help us on the day. If you could spare a few hours to help marshall the arena, litter pick in the park or walk with the parade we would love to hear from you.

There's a great competition for children to design an animal themed front page for the Carnival programme sponsored by Rebecca L Faret Solicitors. Closing date Friday 5th April.

For more information call Susan Eldred on 01525 631900 or email susaneldred@flitwick.gov.uk.

Thank You!

We would like to say a big thank you to the local companies who sponsor the Carnival. This month we are delighted to announce that Bluebird Care, Cube Building Consultancy, Flitwick & Ampthill Bathrooms and One-O-One Service Centre are the latest businesses to sign up as event sponsors. If you are interested in becoming a sponsor please get in touch.



Poppy Art



How would you like to be involved in a project to produce a knitted poppy creation to go on display for Remembrance Day this November?

We want as many people as possible to help knit or crochet poppies that we can use in a large, colourful art installation. The poppies can be large or small with different patterns so you can be as creative as you wish.

Any poppies not used in the display will be sold with 100% of the cost going direct to the British Legion Poppy Appeal. Contributions can be dropped off at The Rufus Centre over the coming months.

The Big Knit Group have a session at the Village Hall on **Friday 5th April** between 9am and 11.30am where you can drop in and have a chat to find out more about the poppy project.

Flitwick Carnival



Football Tournament

at The Rufus Centre
Steppingley Road, Flitwick, MK45 1AH

6-A-Side Teams
Boys & Girls
FREE



**Sunday
2nd June**
from **8:30am**



Age Groups:

Lower School (can be mixed teams) Years 1&2, 3&4

Middle School (boys and girls sections) Years 5&6, 7&8

All you need to do is:

Get a group of friends, ask an adult to be your manager, design your own kit, choose a team name & submit an entry form!

Deadline for entry forms are Friday 17th May.

Entry forms available from The Rufus Centre, your school office or online via www.flitwick.gov.uk/flitwick-carnival.html.

Organised in partnership:



RAZOR'S EDGE
BARBER SHOPPE

Team Registration
Lower School 8.30am
First Game 8.45am
Middle School 11.30am
First Game 12.00noon
* All Subject to change

Prize for Best Kit
Refreshments
Ice Cream

For more details call Susan on **01525 631900**

Email: carnival@flitwick.gov.uk



Local Organisation Notices

CHUMS Charity & Autism Beds

'BUNNY RUN'

Sunday 14th April from 9am

Bedford Park

Join the two charities in a 5k Family Fun Run and a 1k Little Bunny Run.

Entry is £10 for Adults and £5 for Children/Concessions or a minimum £20 sponsorship.

More information and to enter the run:
autismbedfordshire.net/Event/bunny-run-little-bunny-run.



Mid Beds Flower Club

Thursday 11th April at 7.15pm

Flitwick Village Hall

**Popular & Entertaining Demonstrator
Neil Gurney**

'The Original April Fool'

Mid Beds Flower Club are looking forward to seeing Neil Gurney. His flowers will be fantastic and he is very funny and will no doubt live up to his title. Visitors are very welcome.

£10.00 includes refreshments.

Contact: Marion Tucker - 01234 742396

Casual Staff Wanted!

Would you like to help us with functions at The Rufus Centre? Duties vary from washing up to setting up tables and bar work. Over 18s only.

For more information email
sarahdempsey@flitwick.gov.uk



**Harlington Society of Arts & Crafts
'Drawing with the Right Side
of the Brain'**

Wednesday 17th April at 8pm

**Think you can't draw?
Come and discover how
anyone can draw!**

An interactive talk by Irene Foster includes hands on activities.

*Please bring something to lean on and a favourite drawing implement
i.e. magazine and a pen.*

**Students £3, Members £4,
Non-Members £5**

West Room, Harlington Parish Halls,
LU5 6LE

Flitwick Health Walkers

For more details or to request a programme contact Roy on 01525 715730/07866 446131

Harlington

Wednesday 3rd April - 10.15am

Meet at Harlington Village Hall

Across Fields to Steppingley

Wednesday 10th April - 10.15am

Meet at Flitwick Leisure Centre

Amptill Country Park

Wednesday 17th April - 10.15am

Meet at Car Park Nearest By-Pass

Houghton Conquest

Wednesday 24th April - 10.15am

Meet at Houghton House Car Park

All walks are approx 1.5 hours

**Wildlife Trust
'Overlooked Wildlife'**
Monday 15th April 7.45pm
Maulden Village Hall £3 per adult
Brian Eversham, Chief Executive of the BCN Wildlife Trust, will reveal the strange and beautiful world of creatures rarely noticed.

**Flitwick & Ampthill
Lawn Tennis Club
OPEN DAY**

20% off NEW Memberships on the day!

Saturday 6th April 1pm-4pm

Book your visit via

<https://clubspark.lta.org.uk/>

[FlitwickAmpthillTennisClub/Events.](https://clubspark.lta.org.uk/FlitwickAmpthillTennisClub/Events)

Astwood Drive, Flitwick, MK45 1EN.

www.flitwicktennis.co.uk

Flitwick Scouts Keep Growing!

Flitwick Scout Group continues to grow as their annual census return showed an increase of nearly 6%. They now have 216 boys and girls aged 6 to 14 in the Group. Lead volunteer for the Group, Jonathan Smith said: "The continued growth of children in the group is due to the brilliant programmes run by all of the leaders."

One of the highlights for the Beaver Scouts was the visit of some members of the Jamboree Unit who ran an international themed evening. This included learning about Canada, Mexico and North America, trying on some traditional costumes and tasting some food!

The Cub Scouts enjoyed an evening making pancakes, cooking them on "tin tops" heated by a candle, and then eating them. They have also been working towards their scientist badge and this has included making a torch, growing cress, cleaning dirty coins with vinegar and discovering how flowers draw up water through their stems.

Astronomy, Morse code, night hike, photography and a skills challenge have all been on the programme for the Scouts.

The Group have a weekend camp planned for June with over 110 children already signed up for it. They then have a week long camp in August with over 40 children participating.

Sienna McCallion said: I've only been in Beavers for a few weeks but I've held a snake, been on a sleepover and got my Navigator Stage 1 badge. Beavers is brilliant."

For more information on Flitwick Scout Group visit www.flitwickscoutgroup.org.uk.

**EASTER SERVICES
AND EVENTS 2019
IN THE FLITWICK AREA**
COME AND JOIN US

Palm Sunday - April 14th - ARISE - Easter Prayer Trail
in Kings Arms Garden, Ampthill - 2.00 - 4.30pm

Easter Sunday - April 21st - 5.45am - Sunrise Service
near Katherine's Cross in Ampthill Park

Flitwick Catholic Church - Sacred Heart,
(Serving both Flitwick and Ampthill)

April 14th - Palm Sunday Mass at 9.00am
April 18th - Maundy Thursday at 8.00pm
Good Friday - April 19th - Good Friday Service at 3.00pm
- Stations of the Cross at 7.00pm
Easter Saturday- April 20th - Easter Vigil at 9.00pm
Easter Sunday- April 21st - Easter Sunday Mass at 9.00am
(Please confirm these times on our website www.sacredheartflitwick.co.uk)

Flitwick Church of England - St Peter and St Paul

Palm Sunday - April 14th - Holy Communion at 9.00am
- Palm Procession at 10.15am
starting at Manor Park car park (Chapter House if wet)
- Parish Eucharist at 10.30am
Monday April 15th, Tuesday April 16th and Wednesday April 17th at 7.30pm
- Reflective Taizé Worship
Maundy Thursday- April 18th - Eucharist with foot washing at 7.30pm
Good Friday - April 19th - Messy Church at 11.00am in the Chapter House-
crafts, games, stories and songs for all ages
- At the Foot of the Cross at 2.00pm - reflections,
Bible readings and music
Easter Sunday - April 21st - Easter Liturgy at 7.00am
- All age Eucharist at 10.30am

Flitwick Methodist Church

Easter Sunday - April 21st - All Age Holy Communion service at 10.30am
- Evening Service at 6.00pm



What do they do?

Bedfordshire British Red Cross



The British Red Cross helps people in crisis, whoever and wherever they are. We are part of a global voluntary network, responding to conflicts, natural disasters and individual emergencies. We help vulnerable people in the UK and abroad prepare for, withstand and recover from emergencies in their own communities.

Services that we provide in Bedfordshire include:

- Health and social care: everyone should get the support they need to live independently at home. We want to see more people being able to access preventative services, and fewer people reaching crisis point.
- First aid: everyone should know how to save a life. We want first aid education to be integrated into everyday life, from schools and driving tests to public health strategies.
- Refugees and asylum seekers: those who seek sanctuary in the UK should be treated fairly and humanely. We want to see a fair, effective, and efficient asylum system that treats people with respect and dignity.
- Emergency Response - We respond to hundreds of disasters in the UK and overseas. And we stay long after the crisis is over.

We raise funds in many ways to support our work in Bedfordshire from standing with buckets in shops, placing static cans, asking supporters to host events like tea parties, working with schools, organisations and community groups to holding our annual Bedford Christmas Fair and our Bedfordshire Open Garden Scheme.

We have six wonderful gardens to showcase this year which visitors will be able to enjoy, chat with the garden owners, gain ideas and then have a cup of tea and a slice of homemade cake.

Our 2019 Christmas Fair will be held at Bedford School on 23rd November.

All funds raised in Bedfordshire will support the British Red cross services within the county.

For full details of the work we do and our fundraising events please go to www.redcross.org.uk.



Open Garden Volunteers at the Panacea Museum Gardens last year.

Easter Egg Trail

Thursday 18th April

At Flitwick Woods meet at the
Tennyson Road entrance

Please park responsibly if you are
unable to walk to the event.

Each child will win
a prize!

10am—1pm

£3 per
child

Just turn up
on the day

Search for clues along the trail



For further information contact 01525 631900



/FlitwickTC



@EventsFTC



www.flitwick.gov.uk

Flitwick Town Council presents...



FUN DOG SHOW 2019

Supported by
Pets at Home: Bedford



Sunday 12th May

The Rufus Centre, Flitwick MK45 1AH

Open 11.30am
First Class Starts 12 noon
£2.50 per class, per dog
Visitor Entry 50p

Free Parking . Stalls . Refreshments

All proceeds to the Town Mayor's Charities (The Hope Programme & Hospitality Action) and Animals in Need

Tel: 01525 631900
www.flitwick.gov.uk [f /FlitwickTC](#) [@EvamFTC](#)

10 Classes:

| | |
|------------------------------|-----------------|
| Prettiest Bitch | Handsomest Dog |
| Loveable Puppy | Best Crossbreed |
| Best Pedigree | Over 8 years |
| Prettiest Eyes | Waggiest Tail |
| Young Dog Owner (Over 5 yrs) | Best Rescue |

All Class Winners into Best in Show!

Sellers Wanted!

Sunday 28th April


The Rufus Centre

Steppingley Road, Flitwick, MK45 1AH


Seller set up from 6am ~ 7:15am

Open to buyers 8am - 12noon (50p entry)
Early bird - £5 per pitch/ £8 on the day

For more information contact: susaneldred@flitwick.gov.uk or 01525 681900
All proceeds going to Christmas Lights Appeal 2019



FREE PARKING REFRESHMENTS

 Organized by Flitwick Town Council

[@EventMTC](#)
[FlitwickTC](#)

Art in the Park



There's an exciting opportunity coming up for young people in the town to get involved in an 'Urban Art' project run by 4YPUK. This is thanks to a £2,000 grant awarded to the group under Central Beds Council's Positive Activities Grant.

Young people will be taught basic graffiti skills and a professional artist will then facilitate work transferred to the skate park in Millennium Park to cover some of the unsightly graffiti that has appeared and hopefully encourage young people to take back ownership of the park.

The exact timings for the project are to be confirmed but the group is looking at the end of May/beginning of June (weather dependent).

Look out for news of the project start date and how young people can get involved in future editions of Flitwick Papers and on social media.

Article submitted by 4YPUK

A project run by 4YPUK is also one of the chosen projects for the 'Bags of Help' community scheme at Tesco, Flitwick. You can use your blue token to vote for them until 30th April. The group are raising funds for a project to empower young women to develop as individuals by providing opportunities for them to enjoy new challenges.

TESCO Bags of Help



Rebecca L Faret
Solicitors

NO WILL? NO CONTROL...

If you die without making a will, the administration of your estate will be subject to rules on intestacy. Your relatives, friends or favourite charities may get nothing.

Contact us for advice on making a will. Be in control of your affairs and decide who you want to administer and who you want to benefit from your estate.

DON'T BE A VICTIM OF FRAUD

Your home is probably the most valuable asset you own so it is important to protect it from the risk of fraud. Fraud of all kinds is on the increase, it is important you do what you can to protect yourself.

Contact us for advice on reducing this risk.

01525 712112 | rlfaret.co.uk

1 The Avenue, Flitwick, Bedfordshire, MK45 1BP

The Rufus Centre

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www.flitwickosteopaths.com



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Beverley Jones on 01525 631900
or email:
beverleyjones@flitwick.gov.uk



Discover Dinosaurs! 

A unique, factual & fun workshop
Suitable for children aged 5 - 9 years

with **TEACHING TALKING**
THE JARAL ANIMADICOM

Wednesday 10th April

The Rufus Centre
Steppingly Road, Flitwick, MK45 1AH

9am - 12 noon Tickets £12 (must pre-book)

Includes dinosaur inspired arts & crafts,
games, learning interesting facts
about dinosaurs & fossils
plus LOTS MORE

Meet the animals & compare them to
extinct, pre-historic creatures.

 /FlitwickTC  eEventsFTC

 Organised by
Flitwick Town Council

To book call
01525 631900
www.flitwick.gov.uk

What's On

For more details on anything advertised here please call 01525 631900



All events on this page are held at **The Rufus Centre** unless stated otherwise
www.flitwick.gov.uk

Look inside for details on the Community Awards Evening, Football Tournament & Fun Dog Show



Forget Me Not Group

Monday 8th April

1.30pm - 3.30pm

Alzheimers Society

Talk on Fitness and Activity

The Forget Me Not Group is a group to support carers and people with memory problems or Dementia.

Come along for a cup of tea and a chat.

We welcome newcomers.

Join us on an Easter Egg Trail!

Thursday 18th April

Flitwick Woods (Tennyson Road)

10am - 1pm

£3 per child

Just turn up on the day - every child will win a prize!



Car Boot Sale

Sunday 28th April

Early Bird Pitch £5 if you pre-book



Tea Dance with

Christine Boulton

Thursday 11th April

2pm - 4.15pm

Entry £4 (including refreshments)

Dances incorporate a mixture of Ballroom, Latin & Sequence steps on an excellent dancefloor. No need to book - just turn up!

Bingo Afternoons

Last Friday of each month at 2pm

Flitwick Village Hall - £1 per card

Over 60's Lunch Club

Friday 12th April at 12.30pm

£6.50 per person (Flitwick residents)

£7.50 per person (Non-residents)

Must pre-book!

Main Course

Lasagne or Vegetable Lasagne

Garlic Bread & Salad

Dessert

Pineapple Upside Down Cake & Cream