

Flitwick papers




June/July 2019




Flitwick Town Council
The Rufus Centre
Steppingley Road
Flitwick
Bedford
MK45 1AH



Templefield School's winning 'Jungle' themed float

 **01525 631900**

 **01525 631903**

 **info@flitwick.gov.uk**

 **www.flitwick.gov.uk**

 **/FlitwickTC**

 **@NewsFTC**

What's Inside:

Meet Your Councillors

Carnival Success

4YP - Youth Hub

Summer Holiday Programme

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Your Local Representatives

Flitwick Town Councillors

Ward	Name	Contact
E	Keith Badham	630868
E	Janet Blakeman	712078
W	Ian Blazeby	634585
E	Ryan Coleman	Contact TC Office
W	Jeremy Dann	713751
W	Paul Dodds	Contact TC Office
W	Patricia Earles	Contact TC Office
E	Mike Halligan	Contact TC Office
E	Ann Lutley	712837
W	Gareth Mackey	712537
W	Martin Platt	713017
E	John Roberts	716360
E	Russ Shaw	Contact TC Office
W	Andy Snape	Contact TC Office
W	Dan Toinko	Contact TC Office
W	Phillip Thompson	720582
W	Maureen Williams	714714

Flitwick Town Council deal with; Allotments, burial ground, grants, environmental improvements, events and activities, play areas, Youth Hub, parks and open spaces, Flitwick Manor Park and The Rufus Centre.

Central Bedfordshire Councillors

Neil Bunyan	0300 300 8512
Charles Gomm	712328
Gareth Mackey	712537

CBC deal with; Environmental Services, Grants, Grass Cutting, Highways, Industrial Estates, Planning, Recreation and Leisure, Refuse Collections, Litter Clearance, Recycling, Amenity Areas, Education, Libraries, Archives, Social Services, Street Lighting, Trading Standards, Traffic Management and Youth Services.

Telephone 0300 300 8000

Tuesday 18th June

We welcomed two residents to the Town Council meeting. We received positive comments for the new Millennium Park play area. We are also pleased to confirm that CCTV has been approved for Millennium Park and will be installed very soon. The Chairman of Flitwick Scout Group also attended with positive comments for the new Scout HQ, as part of the planned Station Road development. There are over 225 children that will enjoy the new facility with a strong, growing wait list for the Scout Group.

The Town Mayor, Cllr Phillip Thompson has chosen the following charities to fundraise for during this Mayoral Year:

Stepping Stones

Bedford Hospital Charity - Appeal for the Primrose Car Service

We will be featuring both charities in future Flitwick Papers.

Look out for details on fundraising events soon.

New Play Area Opens

Millennium Park's new play area was officially opened during Flitwick Carnival with crowds of children eagerly waiting to be one of the first to play on the new equipment once the ribbon had been cut!

We have received so many positive comments from residents since it has been open. CCTV is being installed soon so that we can keep an eye on the park and ensure it continues to be enjoyed by children of all ages.



Town Council Diary

All meetings listed are held at the Rufus Centre unless stated otherwise

July

11th	Business Services	7.45pm
16th	Town Council	7.45pm
18th	Planning Committee	7.45pm
24th	Corporate Services	7.45pm

August

7th	Community Services	7.45pm
8th	Planning Committee	7.45pm
11th	Business Services	7.45pm
29th	Planning Committee	7.45pm

September

12th	Business Services	7.45pm
17th	Town Council	7.45pm
19th	Planning Committee	7.45pm
25th	Corporate Services	7.45pm

Station Road Development

Plans for the Station Road development went on display for the first time at the Carnival.

New headquarters for the Flitwick Scout Group and The Royal British Legion form part of the plan as well as a new shoppers' short stay car park. The Council is also proposing that a retirement living facility for the over 55s is built on the remainder of the land it owns on Station Road. The existing play area, footpath and allotments will remain as part of the development.

The Council has been working closely with both organisations in developing the plans to ensure the new facilities meet their individual needs.

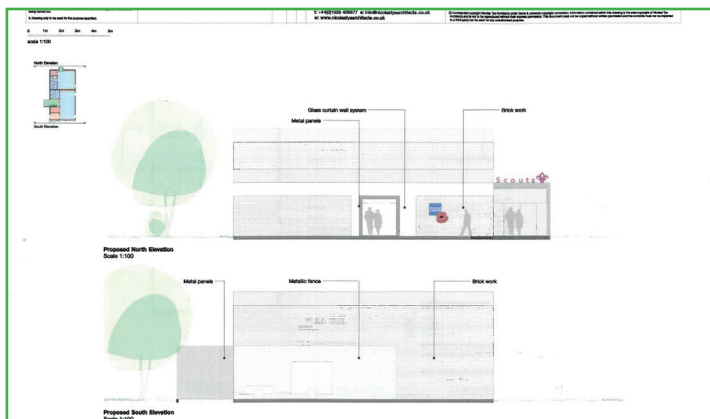
Both organisations are delighted with the proposed plans. Flitwick & District Branch of The Royal British Legion said:

"The Members of the Flitwick and District Branch of the Royal British Legion are delighted that the provision of a new headquarters in Station Road is now progressing. We are pleased to have worked with past and present councillors and staff to achieve this outcome."

Flitwick Scout Group said: "The plan to build a new headquarters for Flitwick Scout Group is very positive news for the Scout Group. Adult volunteers from the Group have been working closely with Flitwick Town Council to ensure the new building will accommodate all of the requirements for the biggest Scout Group in the county."

The Council is working with Central Bedfordshire Council and its Market Towns initiative to enhance aspects of the town particularly the Station Road development. CBC is also due to start improvements to the area in front of Barclays Bank this summer.

You will be able to comment and view the plans online at www.centralbedfordshire.gov.uk. Planning reference 19/01652 for the HQ and car park and 19/01653 for the residential C2 use. The plans can be viewed on our Facebook page and you can also visit FTC offices at The Rufus Centre and view the plans in the foyer. (We appreciate that it is difficult to view the plans in any detail in a publication of this size but wanted to include them in this article).



Despite the awful rain at the start of the day for the Carnival Parade, the weather thankfully improved for the afternoon and was a great success. Our Carnival Princess, Freya Pearson (*pictured on the right*) led the Parade in a beautiful vintage car kindly supplied by Vintage Limousine Hire.

It was great to see so many people braving the rain and lining the route to support the floats and walking parade. The floats were so colourful and creative that the judges had a very difficult task in choosing the overall winners. Congratulations to Templefield Lower School who were awarded best float for their 'Jungle' display and to Flitwick Girl Guiding for their 'Australian, African and South American Continents' themed walking parade.

Throughout the day, visitors were kept entertained by the amazing arena acts from the Xtreme Stunt Team and the 'Mighty Smith' strong man show - which featured some brave volunteers and lots of children competing in the tug of war. Ferretworld's mini arena proved popular with visitors who were able to get up close to the ferrets. Thank you to Mick Sheehan for volunteering to MC and keep everything running smoothly in the arena.

Support for all the stalls helped raise lots of money for different charities and local organisations and provided many opportunities to play games, win prizes and find out different information. Winner of the Flitwick Town Council's 'Grand Prize Draw' was Dave Elliot (*pictured right*) who won a laptop courtesy of Zestol.

At the end of the day, visitors were treated to live music from Misfits, Salute and The Authentics who carried on playing until the Carnival festivities finished at 7pm.

Thank you to all the Flitwick Carnival sponsors, everyone who took part and all of the visitors who came along and joined in the celebrations on the day. We are already planning next year's event!



Meet Your Councillors

Meet the 17 Councillors who represent Flitwick Town Council. With six new councillors following the elections in May we thought it would be a good idea help put a face to a name. Cllr Phillip Thompson is the newly elected Town Mayor and Cllr Maureen Williams, Deputy Town Mayor.



Keith Badham
Chair of Community Services
East Ward



Janet Blakeman
East Ward



Ian Blazeby
Chair of Corporate Services
West Ward



Ryan Coleman
East Ward



Jeremy Dann
West Ward



Paul Dodds
West Ward



Patricia Earles
West Ward



Mike Halligan
East Ward



Ann Lutley
East Ward



Gareth Mackey
Chair of Planning Services
West Ward



Martin Platt
West Ward



John Roberts
East Ward



Russ Shaw
East Ward



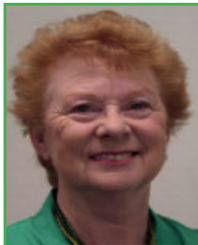
Andy Snape
West Ward



Dan Toinko
West Ward



Phillip Thompson
Town Mayor
West Ward



Maureen Williams
Deputy Town Mayor
Chair of Business Services
West Ward

In future editions of Flitwick Papers we will feature a short profile of each Councillor.

You can also find out more information on our website:

www.flitwick.gov.uk

The Rufus Centre

We are delighted to introduce Jon Barkat, our new Rufus Centre Manager. Jon joins us from The Salvation Army where he has worked for the last five years as Business & Administration Manager. Jon brings a wealth of experience in facility management to the team. Married with three children, in his spare time he volunteers as an Officer with the Army Cadets

"I am really looking forward to working at The Rufus Centre and developing our range of facilities for the different types of functions, conferences and meetings," said Jon.

It's been a busy time as wedding season approaches. We have also hosted a number of birthday celebrations including a large jungle themed 1st birthday party in the Lockyer Suite on Saturday 1st June. 85 adults and children were in attendance. Allsortz bouncers provided the bouncy castle and soft play equipment. Family members made use of our kitchen to cook a lovely meal for all to enjoy. A special family day for a lovely family.

Conferences & Meetings

We have welcomed a number of regular visitors for conferences and meetings this month. The Rufus Centre's in-house Catering Team have been busy preparing delicious buffets for guests including one for 150 guests (pictured right).

Feedback from clients is always important to us and we were delighted to receive some great feedback from Bedfordshire Magistrates' Association who recently held a mini conference here.

"Thank you for all your support last Saturday at our MA Mini Conference.

"In particular, my colleague Martyn would like to pass his personal thanks to the Site Agent. He was appropriately friendly and went out of his way to ensure we had a successful event. Upon arrival one of our key guests was in need of a cup of tea. Martyn spoke with the Site Agent, not only did he sort out a cup of tea for her but provided a biscuit too. In Martyn's words, 'Superb. Wouldn't it be great if everyone went that extra mile like the Site Agent at the Rufus Centre.'

"From our Chairman and all of the MA Committee, please can you pass our heartfelt thanks to your colleague and indeed all of the team that help us to create a conference platform to speak about 'matters' that make a difference in our County."

**Pauline A. Stewart JP, Event Co-ordinator
Bedfordshire Magistrates' Association**



Tel: **01525 631905**

Email: Bookings@therufuscentre.co.uk



[/TheRufusCentre](https://www.facebook.com/TheRufusCentre)

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The Rufus Centre



Meet, Work, Celebrate

www.therufuscentre.co.uk

Flitwick Classic Car & Bike Show

Over 160 Cars Last Year!

Sunday 4th August

The Rufus Centre Field
MK45 1AH

12 noon - 4pm

Adults £3/Children FREE

Exhibitors must pre-book cars (£4)
& bikes (£3) to guarantee entry

With a Real Ale Beer Tent, Pimms, Food Court, Auto
Jumble, Live Music, Ice Cream & Stalls this event is
not to be missed!

For more details call 01525 631900



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@NewsFTC

Station Facilities - Have Your Say!

Govia Thameslink Railway's (GTR's) have announced the launch of an engagement process for the £15 million Passenger Benefit Fund which aims to provide tangible improvements for passengers on the GTR network. The fund was established following the disruption experienced by passengers during the implementation of the May 2018 timetable and has been allocated based on the tiers of the additional industry compensation scheme .

MPs representing different parts of the GTR network are now working with GTR to develop a plan for how the fund is allocated and consulted on and have asked for decisions on how the Fund is spent to be made at as local level as possible. **Flitwick has been awarded £80,000.**

GTR will be engaging with MPs, passenger groups and councils to understand how they would like the money to be spent. Stakeholders will be asked to prioritise ideas by the end of July ready for a selection and approval process starting in August.

The Bedford Commuters Association (BCA) represents rail users from Flitwick and Bedford stations and will be responding to GTR with the top priority ideas by the closing date of **July 31st**. We would welcome any ideas that the local community feel would benefit users of Flitwick Station.

Examples of possible 'Passenger Schemes' at stations are:

- Improvements to toilets
- Additional seating
- Additional waiting shelters
- Canopies over ticket vending machines
- Additional ticket vending machines
- Additional cycle/motor cycle parking
- Additional customer information screens

Examples of possible 'Wider Passenger Schemes' include improving information provided during and post disruption in stations or through the app, and adding delay notification functionality to the GTR app. Further details about the fund and how groups can select their preferred schemes can be found at www.passengerbenefitfund.co.uk

If you have suggestions on how you think the £80,000 should be spent at Flitwick Station please email the BCA Chairman by July 15th at admin@bedfordcommuters.org.uk

Article sent in by Bedford Commuters Association

Wool Appeal

The Stitches, Big Knit Group and other volunteers have been doing a fantastic job knitting and crocheting poppies which will be donated to the Royal British Legion for a special display at the War Memorial.

It has been so successful that we need more red wool! Any shade of red wool would be great. If you have any wool you no longer need and would like to donate it please drop it off at the Town Council offices at The Rufus Centre. If you would like more information please contact Zoe on 01525 631900 or email zoeputwain@flitwick.gov.uk



Owl Pellet Workshop!

A unique, factual & fun workshop
Suitable for children aged 5 - 9 years

**Tuesday
30th July**

The Rufus Centre
Steppingley Road, Flitwick, MK45 1AH

9am - 12 noon Tickets £12
(must pre-book)

Includes owl inspired arts & crafts,
games, learning interesting facts
about owls, plus LOTS MORE!

Meet the animals & prepare to be
intrigued!



Organised by
Flitwick Town Council

**To book call
01525 631900**

www.flitwick.gov.uk

Do you like to Cook?



Come and join us for a

Cooking Workshop



Wednesday 7th August

The Rufus Centre, Flitwick, MK45 1AH

Children age 5 - 9 years

9:30am - 12noon or 1:30pm - 4pm

£13 per child (must pre-book)

Making Pizza & Chocolate Chip Cookies

To book please call: 01525 631900



Organised By Flitwick Town Council





Love Football? Enjoy a kick about?



Come & join us for a

FULL WEEK





Monday 12th August - Friday 16th August
The Rufus Centre, Flitwick, MK45 1AH
9am - 12noon
Children age 5 - 9 years
£12 per day (Must pre book)
Please call to book: 01525 631900



Organised by Flitwick Town Council







Are you ready?

Tuesday 20th August



The Rufus Centre, Flitwick, MK45 1AH
1pm - 4pm
Children 5 - 9 years
£20 per child (Must pre book)
Please call to book: 01525 631900



Organised by Flitwick Town Council




Local Organisation Notices

Wildlife Trust

Bat Walk at Flitwick Moor Wednesday 10th July: 8.30pm

Places are limited - Please book your place. £2 per adult.

Badger Watching at the Tewin Hide Sunday 21st July at dusk

Places are limited to 12 - Please book.
£10 per adult/£5 per child.

Butterfly Walk - Sharpenhoe Clappers Wednesday 27th July: 8.30pm

Places are limited - Please book your place. £2 per adult.

Contact: flitvale.info@gmail.com or ring Ann on 075801 78889 between 6 and 8pm or at weekends.

Mid Beds Flower Club

Thursday 11th July at 7.45pm Flitwick Village Hall

'Firework Festivals in Japan'

Demonstration by Kyoto Regan

£6.00 - Visitors Welcome

Contact: Marion Tucker - 01234 742396

Delving into Heritage Day Monastic Heritage in Greensand Country

The Sculpture Gallery, Woburn Abbey Tuesday 16th July

A day-long conference with a range of speakers and optional guided walk
£15.00 (Student/Concessions: £5.00)

Contact team@greensandcountry.com for further information and to reserve tickets.

Channel Babes

(Channel Relay Swim in aid of Autism Bedfordshire)

Quiz Night

Saturday 10th August 7 for 7.30pm

Flitwick Leisure Centre

Teams of up to 6

£60 per team including cheese & wine
cash bar available

visit www.facebook.com/channelbabes

Bedford Organ & Keyboard Club

Present Popular Entertainer

Pete Shaw in Concert

Wednesday 24th July

7.30pm - 10.00pm

Refreshments/Bar/Raffle

Members £5 Non-Members £6

Contact: 01234 344423 - Addison
Centre, Kempston, MK42 8PN

Flitwick Health Walkers

For more details or to request a programme
contact Roy on 01525 715730/07866 446131

Woburn

Wednesday 3rd July- 10.15am

Car Park opposite church

Flitwick

Wednesday 10th July - 10.15am

Flitwick Leisure Centre

Across the River Flit

Wednesday 17th July - 10.15am

Meet outside Barclays Bank, Flitwick

Maulden

Wednesday 24th July - 10.15am

Recreation Ground, The Brache

All walks are approx 1.5 hours

Flitwick D-Day Veteran Honours Fallen Comrades

95 year old Flitwick resident Dennis Horner, veteran of D-Day, honoured fallen comrades at a service on the 6th June at the Flitwick War Memorial.

Royal British Legion members, along with two standard bearers, formed up around the Memorial. Also in attendance was Town Mayor Cllr Phillip Thompson and residents of the town.

The President of the RBL Flitwick and District Branch, Christopher Winter-Goodwin described how the assault took place and the objectives to be accomplished and named the five landing beaches. He paid tribute and gave thanks to those who took part in this, the biggest seaborne assault ever undertaken.



After a minute's silence, and dipping of the Standards, Dennis Horner laid a D-Day wreath followed by the Town Mayor with a wreath on behalf of the Town Council. After a short poem read by the Vice-Chairman, Brian Woodward, the Parade was dismissed.

In the evening at the Legion Hall the Pulloxhill Singers provided a musical interlude with a singalong of songs of the D-Day era which all those attending thoroughly enjoyed.

Dennis Horner, as the guest of honour, thanked everyone for an enjoyable evening.

Article sent in by The Royal British Legion

Sue Ryder St. John's Hospice - Moggerhanger

Country Fayre & Festival (Admission Adults £5 Children £1)

Saturday 10th August 1pm until late

Live Bands, Dog Show, Family Entertainment, Vintage Afternoon Tea, Raffle & Auction, Hot Food & Licensed Bar and lots more!

For more information or to book a stall contact leigh.chapman@sueryder.org

Mental Health and the Church

St Peter and Paul's Church, Flitwick

Wednesday July 10th at 7.30pm

Are you unsure how to help people with their mental health?

It's a problem we've all faced.

Speaker Richard Luscombe shares the experience of losing his daughter, Becki, a talented mental health campaigner, in 2014. He speaks about his faith and the impact of Becki's death on his family and gives examples of what Christians are doing nationally and locally. Richard gives pointers to very simple and straightforward ways that we can all help, some of which we probably do without realising. He also gives advice on where to seek help when things get tough. Invite a friend and stay for refreshments afterwards.

What Do They Do?

Youth Work @TheHub

4YP have been running youth work sessions for young people aged 9-19 years at The Hub in Flitwick since it was opened in August 2015. Working on behalf on Flitwick Town Council, we are open four nights a week offering a wide range of activities and support to young people in our community.

Activities include; open access youth club sessions, detached youth work (out and about in the community), targeted work (addressing particular issues), and projects. Youth workers also offer advice and guidance and refer/signpost to other agencies.

The Hub has disabled access facilities and features a whole range of equipment including:

- Pool table
- Table tennis
- Sports equipment
- Games consoles
- Board games
- Arts and craft equipment
- Tuck shop
- Wi-fi
- Sofas
- Kitchen
- Toilets

The Hub Timetable

Mondays - Free

Project Nights—see information on Facebook/Instagram/Twitter for news of the latest projects

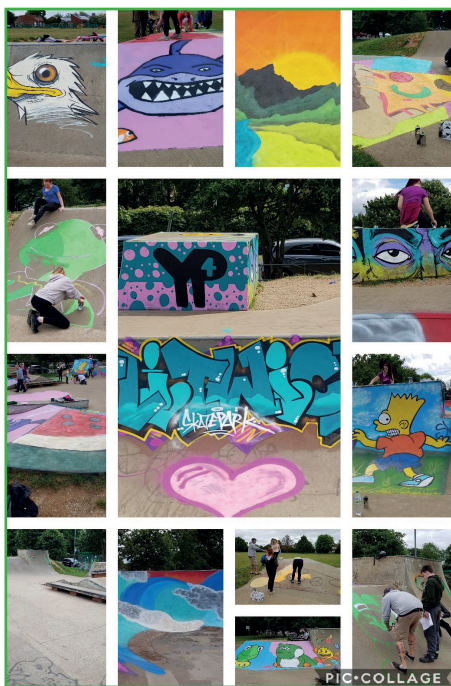
Our current project is a girls group for Year 8s which has been extremely popular and is fully booked!

Previous projects have included:

- Motorbike project (we have two mopeds) looking at road safety
- Bike project
- Urban Art – Graffiti Art (*see the image above of the fantastic display of the work at the skate park in Millennium Park completed in May - well worth a visit next time you go to the park*)
- Detached – workers from the Hub out and about in the local community
- A mountain bike stunt demo evening in partnership with 'Travel Choices'



**Serving young people
in their community**



In September we will be starting a new Open Session (pool, table tennis, tuck shop, games) on a Monday evening for Years 9 & 10 only. Entry is free and will run from 6 to 8pm.

Tuesdays - Free (2nd Tuesday of each month)

6.00-8.00pm – 'Chill Hub' – for young people aged 15-22 years with Asperger's Syndrome.

Activities have included: Film nights, crafting, games and visits to the pub!

Wednesdays - Free

6.30-8.30pm - Open Session (pool, table tennis, X Box, tuck shop, games)

We run themed evenings working in partnership with other agencies and offering advice, support and signposting around issues currently affecting young people: mental health, sexual health, drugs, alcohol and education.

Years 11, 12 and 13 (15-19 years)

Thursdays £1.50 (first time is free)

6-7.30pm - Youth Club with a different theme/activity each week (Term time only)

9-13 years

Coming Soon.....

Starting in September we are looking to recruit young people aged 13-18 years to join our Youth Panel. We want to hear ideas about what young people want from young people in Flitwick and would also like them to help organise and run activities and events within the community.

We continually look for additional funding to enhance the projects we run and have received grant funding from Central Beds Council, Tesco Bags of Help and the Police Crime Commissioner, all of which help us deliver targeted project work.

For more information please contact the lead youth worker:

Wendy Millgate (07780 448599 or wendymillgate@4ypuk.com)

Find us on Facebook: [Flitwick Youth Hub](#)

Or Instagram: [4ypuk_ltd](#)

Or Twitter: [@flitwickhub](#)

You can find Flitwick Youth Hub (pictured right) next to Flitwick Library, opposite Tesco in Conniston Road.



Flitwick Scout Group Celebrate Queen's Award

Flitwick Scout Group has received Royal recognition by being awarded the Queen's Award for Voluntary Service. The Queen's Award for Voluntary Service is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It was created in 2002 to celebrate the anniversary of The Queen's coronation. It is known as the MBE for volunteer groups.

The Scout Group was nominated and supported for the award by local residents. Adult volunteers within the Group were invited to meet with a team of Deputy Lieutenants from Bedfordshire. This gave the panel an opportunity to find out more about the Group, including their involvement in the local community, local recognition, how many people benefit and leadership.

HM Lord-Lieutenant of Bedfordshire Helen Nellis said: "I was delighted to hear that Flitwick Scout Group were awarded the Queen's Award for Voluntary Service. This is an amazing achievement and a true testament to the outstanding contribution this volunteer-led group have made to shape the lives of young people and prepare them for adulthood. I offer my sincerest congratulations to Flitwick Scout Group and look forward to presenting them with their award on behalf of HM The Queen this year."



Congratulations from Bear Grylls!

Chief Scout, Bear Grylls said: "Congratulations to Flitwick Scout Group on being recognised by The Queen with the award of the Queen's Award for Voluntary Service. It is rare for a Scout Group to receive this prestigious award. The time and effort given by the adult volunteers in the Group is exceptional. They are providing opportunities and teaching life skills to more than 200 children every week. I am inspired by their dedication to provide "skills for life" for so many young people."

Carol Green, parent of Daniel said: "The volunteers in the Group provide a wonderful programme for children of different ages, backgrounds, ethnicity, gender and ability. My son has grown in confidence in the seven years he has been involved in the Group. I can't thank the leaders enough for the time and commitment they give to helping children not only in Flitwick but also from neighbouring towns."

Katie Schofield said: "I really enjoy being in Scouts. I have been a Beaver and a Cub and have earned lots of badges. I've been camping, climbing, zorbing, kayaking and bivouacking. I've also done craft, cooking, learned first aid and working as a team. No other organisation could provide me with so many opportunities."

Jonathan Smith, lead volunteer for the Group said: "Whether it is learning how to cook, building a raft, trying survival skills, camping, sleeping in a bivouac or finding out about clean water, the leaders provide a brilliant programme every week. The Group never sits still and in recent years we have opened a satellite Beaver Colony six miles away and a fourth Colony in our own HQ. We often recruit new volunteers who all bring in new skills and interests and they continue to help the Group move forward."

Article sent in by Flitwick Scout Group

For further information please visit flitwickscoutgroup.org.uk



Rebecca L Faret
Solicitors

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- All makes & designs available
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- All work guaranteed
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E-mail: gds.ltd@ntlworld.com

bedsagainstincinerator.com




**NO COVANTA
INCINERATOR**
Appeal Hearing 2/3 July

We Need Your Support

BACI is challenging the Permit issued by the
Environment Agency at the Court of Appeal

Emissions Include: Nitrogen
Oxides (NOx), Heavy Metals &
Nano-Particles PM10 & 2.5

Nearly 600 HGV movements
a day allowed by planning

400 tonnes of Incinerator
Ash produced every day

Please Support
BACI & Donate

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Donate Now



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BACS Bedfordshire Against
Covanta Incinerator
Account 23270668
Sort Code 30 99 08

Please show your support and spread the word by displaying the Poster
on the reverse in your window or ask a local business to display

bedsagainstincinerator.com

What's On

For more details on anything advertised here please call 01525 631900



All events on this page are held at **The Rufus Centre** unless stated otherwise
www.flitwick.gov.uk

Look inside for details of the Summer Holiday Programme and Classic Car & Bike Show



Forget Me Not Group

Monday 8th July

1.30pm - 3.30pm

Carers in Bedfordshire, Dementia Nurse Question & Answer session

Tea, Coffee, Cake & Chat!

The Forget Me Not Group is a group to support carers and people with memory problems or Dementia.

Come along for a cup of tea and a chat.



Tea Dance with Sandra & Richard
Thursday 11th July
2pm- 4.15pm

Entry £4 (including refreshments)

Dances incorporate a mixture of Ballroom, Latin & Sequence steps on an excellent dancefloor. No need to book - just turn up!

Stitchers

3rd & 17th July

10am - 12 noon

Bring any type of craft to do, have a chat and enjoy a cup of tea with friends old and new

Trip to Southend

Monday 2nd September

Departs The Rufus Centre at 9.30am

£19 per person

Must pre-book



Over 60's Lunch Club- Special Event!

Summer Special

Join us for a relaxing afternoon with

Fish & Chips

and Ice Cream

With live entertainment from

Mark George

as seen at the Christmas Lunch

The Rufus Centre, Steppingley Road, MK45 1AH

Friday 12th July

12:30 - 3:30pm

