

Flitwick papers

August/September 2019



Flitwick Town Council
The Rufus Centre
Steppingley Road
Flitwick
Bedford
MK45 1AH



*Best in Show at the Classic Car & Bike Show - Phil & Linda King's
1946 Jaguar 2.5 Litre MK4 Saloon*

What's Inside:

Classic Car & Bike Show

Family Fun Day

Primrose Car Service

Flitwick Market

☎ 01525 631900

📠 01525 631903

✉ info@flitwick.gov.uk

🌐 www.flitwick.gov.uk

📘 /FlitwickTC

📺 @NewsFTC

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Your Local Representatives

Flitwick Town Councillors

Ward	Name	Contact
E	Keith Badham	630868
E	Janet Blakeman	712078
W	Ian Blazeby	634585
E	Ryan Coleman	Contact TC Office
W	Jeremy Dann	713751
W	Paul Dodds	Contact TC Office
W	Patricia Earles	Contact TC Office
E	Mike Halligan	Contact TC Office
E	Ann Lutley	712837
W	Gareth Mackey	712537
W	Martin Platt	713017
E	John Roberts	716360
E	Russ Shaw	Contact TC Office
W	Andy Snape	Contact TC Office
W	Dan Toinko	Contact TC Office
W	Phillip Thompson	720582
W	Maureen Williams	714714

Flitwick Town Council deal with; Allotments, burial ground, grants, environmental improvements, events and activities, play areas, Youth Hub, parks and open spaces, Flitwick Manor Park and The Rufus Centre.

Central Bedfordshire Councillors

Neil Bunyan	0300 300 8512
Charles Gomm	712328
Gareth Mackey	712537

CBC deal with; Environmental Services, Grants, Grass Cutting, Highways, Industrial Estates, Planning, Recreation and Leisure, Refuse Collections, Litter Clearance, Recycling, Amenity Areas, Education, Libraries, Archives, Social Services, Street Lighting, Trading Standards, Traffic Management and Youth Services.

Telephone 0300 300 8000

There is no Town Council meeting in August. The next meeting takes place on 17th September and members of the public are welcome to attend, as they are at all of our meetings listed in the Town Council Diary below.

We were delighted to receive eight applications for the Resident Driven Projects initiative. Thank you to everyone who submitted their proposals. There were some really good ideas that could benefit the Flitwick community and we are looking forward to seeing how these progress.

All applications will now be discussed at the next Town Council meeting and those that meet the Resident Driven Projects criteria will go forward to be voted on by the local community.



Town Council Diary

All meetings listed are held at the Rufus Centre unless stated otherwise

Community Events Survey

What type of events would you like to see our Community Events Team organise in the future?

Our Community Events Survey has been running throughout August. Many people completed the survey at the Classic Car & Bike Show and it will be available at the Family Fun Day on Wednesday 28th August. You can pick up a copy of the survey on our noticeboard at Tesco and at the Council offices at The Rufus Centre. The survey will be running until 31st August so please do let us have your views.

We also have a Facebook poll running to choose the Flitwick Carnival theme for next year. The voting boxes were also at the Car Show and will be at the Family Fun Day as well so if you're coming along please take time to share your views.

Results of both surveys will be shared in future Flitwick Papers.

August

29th	Planning Committee	7.45pm
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September

3rd	Community Services	7.45pm
12th	Business Services	7.45pm
17th	Town Council	7.45pm
19th	Planning Committee	7.45pm
25th	Corporate Services	7.45pm

October

1st	Community Services	7.45pm
10th	Planning Committee	7.45pm
10th	Business Services	7.45pm
15th	Town Council	7.45pm
31st	Planning Committee	7.45pm

A full list of meeting dates for 2019 can be found on the Town Council website:

www.flitwick.gov.uk

Classic Car & Bike Show

We had a fantastic day and glorious sunny weather at the 10th annual Classic Car & Bike Show on Sunday 4th August.

With an amazing line-up of over 170 classic vehicles, visitors were impressed at the calibre of exhibitor entries. The oldest on display was an incredible Ford T Speedster from 1915! In addition to the individual car owners, we welcomed a selection of vintage bikes and commercial lorries.

Clubs joining us on the day were Luton & Dunstable MG Owners Club, Morris Minor Owners Club, Beds & Herts Vintage & Classic Car Club and the Singer Owners' Club.

Our judges had the difficult task of deciding which exhibitors deserved awards (nine in total) for 'Best in Class' plus 'Best Club', and the one everyone wants – the 'Best in Show'.

Thank you to our judges: Cllr Phillip Thompson, (Town Mayor), Cllr Maureen Williams, (Deputy Town Mayor), Cllr Gareth Mackey and Lee Elder from One-O-One Service Centre, one of the event sponsors.

Local bands Salute and The Authentics performed on the main stage. Smartie Artie proved to be a real favourite with the children. All kept the crowds entertained and created such a fantastic atmosphere throughout the afternoon.

There was a great range of stalls on the field including auto-jumble, clothing, Royal British Legion, Busy Bees and Mind BLMK. FTC offered the chance to win a wheelbarrow full of goodies and the Pimms Tent, bar, ice cream van and food stalls were kept very busy. One of the most unusual displays was the zombie car (*pictured right*).

Henry Harris' Fun Fair provided a children's roundabout ride, inflatables and games and children had a great time on FTC's mini go-karts.





Well done to all the winners:

Class A (pre 1945) Alan Otley
Armstrong Siddeley Coach Saloon

Class B (1946 – 1960) Phil King
Jaguar 2.5 litre MK4 Saloon

Class C (1961 – 1970) B Lewis
Rover P5B Coupe

Class D (1971 – 1980) Barry Price
VW Beetle 1303

Class E (1981 – 2000) Malcolm Crawford
MGF

Class F (2001 – date) John Pearson
Mercedes CLK55 AMG

Class G (Motorcycles) Brian Stamp
Triumph Tiger 110

Class H (Commercials) David Stewart
Commer QX

Class I (American Vehicles) Phillip Hynes
Oldsmobile Super 88

Best Club

Singer Owners' Club (see *photo below*)

Best in Show:

Phil King

1946 Jaguar 2.5 Litre MK4 Saloon

(see front cover photo)



Special thanks to the show sponsors for their support: **Maulden Garage Ltd and One-O-One Service Centre**. We would also like to thank all volunteers, Members and staff for the effort they put in to help make the day such a big success!

Date for next year's show:

Sunday 2nd August 2020!

Flitwick Station

In the June/July edition of Flitwick Papers we featured an article by Bedford Commuters Association (BCA) regarding the Passenger Benefit Fund set up by Govia Thameslink Railway's (GTR) to provide tangible improvements for passengers on the GTR network.

The fund was established following the disruption experienced by passengers during the implementation of the May 2018 timetable. Flitwick was awarded £80,000 in this process. The BCA asked for the local community to give any ideas they had which would benefit users of Flitwick Station. These had to be submitted to GTR by 31st July.

Here's an update from the BCA

We received many ideas resulting from the Flitwick Papers article on how to spend the £80,000. The majority asked for lifts and better access which unfortunately, as you know, would cost far in excess of £80,000. We would like to thank all those who responded with ideas.

The Bedford Commuters Association has submitted the following ideas:

1. Ticket Office extension on the Station Approach side. This would provide additional space and cover for people queuing for tickets.
2. Additional seating on Platform 1.
3. Water Point for travellers to fill containers for the journey.
4. Drink and Confectionery Vending machine which would supplement the Kiosk when it is closed.
5. Heated Waiting Room on Platform 2/3 to replace the existing waiting shelter at the bottom of the stairs.
6. Additional CIS on Platform 1.
7. Clearer directional signs for the Car Park.
8. Improvement to the GTR App for during/post disruption for deaf people.

We will also be lobbying for these improvements via the Community Rail Partnership (CRP) so that if all are not accepted we may get them actioned via the CRP.

For further information on the Bedford Commuters Association please visit:

www.bedfordcommuters.org.uk

Step Free Petitions

There are currently two e-petitions campaigning for step free access at Flitwick Station. You can sign online now and show your support.

Access for all to all stations - <https://centralbeds.moderngov.co.uk/mgEPetitionDisplay.aspx?ID=114&RPID=18911120&HPID=18911120>. The deadline for signing is 6th September 2019.

The second is <https://petition.parliament.uk/petitions/266721>. The deadline to sign this petition is 26th January 2020. For further information you can contact ian.cook5@ntlworld.com. We will feature the campaign in more detail in the next Flitwick Papers.

A Sense of Awe & Wonder

The mind-blowing magic show
by Martin Rees & David Days

RECORD  HOLDER



A magical journey through the 5 senses,
ending with a World Record attempt!

SPECIAL SUMMER OFFER - £12pp

Friday 20th September - Doors open at 7pm

At The Rufus Centre, Flitwick

Tickets: ~~£18~~ including Hot Food (Must pre-book)

Box Office: 01525 631900 /Eventbrite (booking fee applies)

The Rufus Centre

We always love to see how the Lockyer Suite transforms from a conference venue into a fabulous party space.

This month we hosted a fantastic 45th birthday party. The client decorated the room themselves with colourful yellow table decorations and balloons (*pictured right*). It looked amazing. They also had their own caterers supplying food throughout the evening for 200 guests. A great time was had by everyone.



We were the venue for Flitwick Scout Group's celebration and presentation of the Queen's Award for Voluntary Service by HM Lord Lieutenant of Bedfordshire, Helen Nellis. Guests had great fun trying lots of different activities. You can read all about their award on page 13. Congratulations to them all on such a fantastic achievement.

Children's birthday parties are also popular at this time of the year. Room hire starts from just £55 for three hours in the Lockyer Suite with lots of space to run around, bouncy castles and play party games. We can also supply a party box with all the children's favourites and unlimited squash for just £6 per head.



Visit our new website for more information:

www.the.rufuscentre.co.uk

Make a date in your diary for our **Wedding Fair** at The Rufus Centre on **Sunday 15th September**. Organised by *Events in a Box Wedding Fairs* you can register for your free tickets on Eventbrite.

Did you know Flitwick Residents get 10% Discount on Room Hire at The Rufus Centre

Please call us 01525 631905 for more details

Tel: **01525 631905**

Email: Bookings@therufuscentre.co.uk



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The Rufus Centre



Meet, Work, Celebrate

www.therufuscentre.co.uk

For nearly 40 years the Flitwick Gardeners' Association (FGA) has been supporting gardeners and allotmenters in Flitwick and the surrounding villages and towns, through sales of gardening 'stuff' and provision of gardening advice to members, and running shows for members to show off their produce.

The FGA is entirely run by volunteers for the benefit of its members – it only costs £2 to join plus £2 per annum! We sell a wide range of gardening products from the 'Seed Box' located behind the old Leisure Centre on Steppingley Road, all at around cost-price. Stock range from seeds to growbags, fertilisers to tools, garden canes to bulbs – almost everything you need to 'grow your own' or brighten up your garden. At the moment, members are ordering next year's seed potatoes, onions, garlic and shallots, all at very competitive prices!

Despite the fence around the site, we still trade Friday evenings (19.30-21.00) and Saturday afternoons (14.00-16.00) from beginning of February to the end of November, with the gate onto the old access road always unlocked and open when we are trading.

The other big area for the FGA is the three shows we organise annually in Flitwick Village Hall, these are the:

- **Spring Show**, normally late March or early April, concentrating on spring flowers and specifically bulbs.
- **Annual Show**, normally late August, with a wide range of vegetables, flowers, fruit, photographs, home produce and handicrafts being shown in many classes.
- **Autumn Show** in October, with flowers and vegetables plus fun classes for smallest, largest, longest, heaviest and weirdest vegetable classes, plus giant pumpkins.

Everyone is welcome at all the shows, with afternoon tea available whilst you admire the work of those exhibiting. In recent years these shows continuously break all records on people showing and the number of exhibits, so please come to this year's Autumn Show and marvel at what members have achieved- **3pm on Saturday 7th October in Flitwick Village Hall.**

True to our beginnings everything to do with the FGA is done by volunteers, so the current committee would like to thank all past and current volunteers for their efforts - without them there would be no FGA.

For more information on the FGA and the benefits of membership, see our website - www.flitwickgardeners.co.uk, visit us at the Seedbox or come along to one of the shows.

Article sent in by Flitwick Gardeners' Association

If you feel inspired to grow your own fruit and vegetables we have a couple of allotments available on the Steppingley Road site. If you are interested in having an allotment please email staceylockey@flitwick.gov.uk or call 01525 631900.

Summer Holiday Programme

Our summer holiday programme has helped keep many children entertained during the school holidays with a week long football programme, Nerf Wars and cooking workshop all taking place at The Rufus Centre.

On Wednesday 7th August we welcomed two groups of 5 to 9 year olds for the Cook Stars cooking workshop in the morning and afternoon.

Pizzas and cookies were on the menu. The young chefs were also able to decorate their own chef hat and pizza box to take home.



Brave The Shave



FTC's Community Events Assistant Zoe Putwain has decided to 'Brave the Shave' for Macmillan Cancer Support next month and aims to raise a fantastic £650 for the charity.

The event will take place on **Friday 27th September** at the Village Hall, Flitwick, during the Big Knit and the Macmillan World's Biggest Coffee Morning.

Zoe said: "Losing both my parents to aggressive forms of cancer gave me an insight into the work of this wonderful organisation. I just want to do what I can to raise funds."

Everyone is welcome to come along and show their support for Zoe. To read more about Zoe's story and donate please visit: <https://bravetheshave.macmillan.org.uk/shavers/zoe-putwain/>. There will also be a donation box at The Rufus Centre.

Amazing Poppies

The hugely talented Stitchers Group have delivered the first of many wreaths they are making for the Poppy display for Remembrance Day in November.

We have been overwhelmed with the response from the Stitchers and many other people in our community who have knitted and crocheted poppies for the display later this year. Thank you to all of you. If you would like a poppy pattern please contact Zoe Putwain on 01525 631900 or email zoeputwain@flitwick.gov.uk



Family Fun Day

Wednesday 28th August

The Rufus Centre, Flitwick, MK45 1AH

11am ~3pm

Children £4/Adults FREE

No need to book ~ Just turn up on the day!

Entry includes 3 tokens for attractions

Extra tokens £1 each or 3 for the price of 2

Bring your own picnics and have a fabulous day at this Family Fun Day!

With inflatables, petting Zoo, Smartie Artie, Face Painting and more!



Organised by Flitwick Town Council



/FlitwickTC



@EventFTC



/FlitwickTC



@NewsFTC

Local Organisation Notices

Wildlife Trust

Fungal Foray with Alan Outen*.

Sunday 22nd September, 10am-12.30pm
Flitwick Moor

This is a combined event with the Herts and Beds Fungi group (HBFNG). Hoping for a mix of damp and mild weather to guarantee a good showing of mushrooms and toadstools. Alan will help you identify your findings and tell you more about the wonderful and sometimes

weird world of fungi.

*Free but donations welcome

Open to all. Walks have group size limits please reserve. For additional information and to reserve walk places please email flitvale.info@gmail.com or ring Ann on 07580 178889 between 6 and 8 pm or at weekends.

Mid Beds Flower Club

Flower Demonstration

'Summer Holidays' with Yvonne Tan

Thursday 12th September at 7.45pm

Flitwick Village Hall

Visitors welcome £6.00

Contact Marion - 01234 742396

Family Fun Day

Flitwick Pre-school

Saturday 14th September

11am-2pm

Fun and games for all the family. Cake stall, hot dogs, refreshments, face painting and much more.

The Brotherhood Hall, 36a High Street,
Flitwick, MK45 1DU

www.facebook.com/flitwickpreschool

The Royal British Legion

Flitwick & District Branch

An Evening with Mr Ellis Billington

Thursday 26th September

7.00pm for 7.30pm start

A talk about the local businesses and trades in Flitwick during the 1940s & 1950s.

The Legion Hall, Station Road, Flitwick.

Free Entry to all including non-members.

Family Day & Live Music Festival

Sunday 25th August

1pm to 9pm

Westoning Recreation Club

Family day of great music with local, well established musicians.

Children's rides, ice cream,

BBQ & Bar

www.westoningclub.co.uk

Flitwick Health Walkers (1.5hrs walk)

Amphthill Country Park

Wednesday 4th September - 10.15am

Car Park nearest By-pass

Bedford Priory Country Park

Wednesday 11th September - 10.15am

Car Park

Flitwick Moor

Wednesday 18th September - 10.15am

Meet outside Barclays Bank, Flitwick

Furzton Lake, MK

Wednesday 25th September - 10.15am

Hotel/Restaurant Car Park

Contact Chris on 01525 714729 or

Pauline on 01525 630191

Flitwick Scouts Receive Prestigious Award

Flitwick Scouts were recently presented with the prestigious Queen's Award for Voluntary Service by HM Lord Lieutenant of Bedfordshire, Helen Nellis. At an event held at The Rufus Centre, everyone was encouraged to try various activities ranging from learning about first aid to making and using a ballista. The event, also attended by UK Chief Commissioner for Scouts, Tim Kidd, gave parents, carers and invited guests the opportunity to see the wide range of activities provided by the volunteers in the Group. When presenting the award, HM Lord Lieutenant emphasised the importance of youth organisations and recognised the dedication of the adults in the Group. Tim Kidd spoke about providing young people with skills for life from an early age and how Scouting had helped him build his confidence. He said, "It was truly a pleasure to come to this event. It's a great Group, you should all feel proud."



Six of the Beaver Scouts (boys and girls aged 6 to 8) were presented with their Bronze Chief Scout Award, five Cub Scouts (boys and girls aged 8 to 10) received their Silver Chief Scout Award and one Scout (boys and girls aged 10 to 14) received a Gold Chief Scout Award. These are usually presented by leaders in the Group, so to be presented with them by HM Lord Lieutenant and the UK Chief Commissioner for Scouts is very unique.

Jonathan Smith, lead volunteer for the Group said, "All of the volunteers involved with the Group are truly inspirational. They plan, organise and provide a wide range of activities for all of the children. Many of these children are doing things for the first time. The adults also give up weekends to take children away or to undertake some training, and take annual leave to take them camping."

Members of the Group's satellite Beaver Colony based at Barton attended the Forest Centre in Marston when HRH The Princess Royal was unveiling a Commonwealth Canopy and planting a tree. Although none of them were able to speak with her, they all got "quite close and personal!"

For information visit www.flitwickscoutgroup.org.uk *Article sent in by Flitwick Scout Group*

Golden Age Club

Thursday Afternoons 2pm to 4pm at Flitwick Village Hall

Weekly from 12th September

Bingo, Scrabble, Cards, Dominoes, Chat, Laughter, Tea & Biscuits!

Call Shelia on 01525 713010/Barbara on 01525 752216

Do you have a story to tell for Flitwick Papers?

If you are part of a local organisation or charity and would like your news published in a future edition of this paper, please get in touch with us via 01525 631900 or email beverleyjones@flitwick.gov.uk

Please note we have limited space but always do our best to share local news where possible. Space is given on a first come, first served basis with priority given to Flitwick based news.

What Do They Do?

Primrose Car Service - Bedford Hospital Charity

One of Flitwick Town Mayor's charities for 2019/2020.



Since January 2006 patients going to Addenbrookes Hospital for radiotherapy treatment have been able to travel in comfort due to a pioneering car service set up by the Bedford Hospitals Charity. Formerly patients were dependent on Patient Transport vehicles which collected around the county before making their way to Cambridge and the whole trip could take many hours.

Thanks to the dedicated Primrose Car Service, which is believed to be unique in the NHS, one patient (or at the most three) is conveyed by a comfortable Vauxhall Zafira car from home to Addenbrookes and returned home as soon as the treatment – which may only take a few minutes - is completed. The five cars which provide the service are purchased by the Charity. The cars are driven by volunteers who are co-ordinated by a salaried part-time co-ordinator and the whole organisation is managed by the East of England Ambulance NHS Trust. Each year approximately 2000 patient-journeys are completed.

In the Queen's Birthday Honours List 2014 the Primrose Car Service volunteers were awarded The Queen's Award for Voluntary Service. The Queen's Award for Voluntary Service is the highest



award made for voluntary service and is recognition of the commitment of all the past and present volunteer drivers who have willingly given their skills and so many, many hours of their time to help other members in their community.

Hundreds of patients have expressed their gratitude for such support, and many relax in the atmosphere of camaraderie and banter during their journeys. One patient said:

"You made my stressful treatment more bearable. Everyone was so thoughtful and helpful. Thank you so much."

We need to replace the cars every two to three years at a cost of upwards of £60,000 to purchase similar vehicles. In view of the increasing number of patients needing radiotherapy treatment and the high mileage the cars cover, we continue to accept donations for the future replacement of Primrose Cars.



We are delighted to be one of the Town Mayor's charities this year.

For more information on the Primrose Car Service and the work of Bedford Hospital Charity & Friends please visit www.bedfordhospitalcharity.org.uk

Where can you buy fresh bread and cakes, fish and shellfish from Norfolk, fantastic plants and shrubs, fruit and vegetables, free range eggs and cheeses, hardware, homemade cards, wool, Thai food cooked to order and more? Flitwick Market!

Every Friday between 8.30am and 2.30pm you can visit Flitwick Market situated behind the Village Hall in the car park and pick up some fantastic goods and fresh produce. All with a great personal service and friendly smile.



You can even enjoy tea, coffee and cake in the Village Hall at the same time as every week different charities and voluntary organisations take turns to serve the 'Market Tea' and help raise funds for their good cause.

Pitches at the market are also available from just £10! Contact Bill 07902455515 for more details.

For more information visit www.flitwickmarket.co.uk



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What's On at Flitwick Library

There's lots going on Flitwick Library over the next couple of months. Pop into the library for more information.

Children & Families

Take part in the Summer Reading Challenge at Flitwick Library, read six books over the summer and get prizes such as glasses, wristbands and gold medals!

Crafts every Tuesday, Wednesday and Thursday in August.

Adults

4th September at 2.30pm. Historical talk about Katherine of Aragon, her life and the Aragon Day Festival. Tickets £1.50 on the day, subject to availability.

Bridge Club every Friday at 2.15pm. Come along and join in, anyone is welcome from beginners to advanced players.

We are also looking for a volunteer who can help us improve the appearance of the landscape around the library. Gardening volunteers may get involved in planting new plants, maintaining flowerbeds and other tasks. Please contact volunteering@centralbedfordshire.gov.uk if you're interested and would like to apply.

Article sent in by Flitwick Library

Flitwick Surgery News

Flitwick Surgery has noticed a significant increase in ringworm and other fungal infections – please see information below or visit www.nhs.uk

Fungal infections including ringworm (despite its name) are on the increase due to the recent hot and sticky weather.

- They are not contagious but you should wash your hands after you touch someone's skin if they have any type of fungal infection.
- They can infect the skin, nails and hair.
- You can occasionally catch them through close contact with an infected person or animal and rarely through the soil.

Treatment is through good hygiene and over the counter creams:

- Keep area clean and dry.
- Do not share towels and wash all towels, sheets and clothes frequently and on a hot wash where possible.
- Clean the bath/shower well after use to prevent it spreading.
- Try not to scratch the rash as this may lead to it spreading.

Over the counter antifungal creams include Clotrimazole, Miconazole, Ketoconazole, Econazole and Terbinafine. These clear fungal skin and infections and there is no evidence that one is better than another. Your local pharmacy will have these and will be able to advise further.

You do not need to stay off work or school and unless the infection is severe or you have tried the creams and the infection is getting worse, you do not need to see your doctor.

Article sent in by Flitwick Surgery



Rebecca L Faret
Solicitors

UNHAPPY RELATIONSHIP?

We can help you understand your options and support you through the legal process.

We are a small, friendly and approachable team of family lawyers specialising exclusively in matrimonial and family law. We provide first class, practical legal advice for all aspects relating to family law, including divorce and separation, and financial disputes and settlements, to include advice on pensions and complex assets. We also deal with disputes concerning unmarried couples.

Our 30 minute consultation (£50) will outline your options and we also offer a fixed fee divorce.



01525 712112 | rlfaret.co.uk

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ECF



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PARKINSON'S UK

14TH + 15TH SEPTEMBER 2019

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/FlitwickTC



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What's On

For more details on anything advertised here please call 01525 631900

All events on this page are held at **The Rufus Centre** unless stated otherwise
www.flitwick.gov.uk

Look inside for details of the Family Fun Day on 28th August & Magic Night



Forget Me Not Group **Monday 9th September**

1.30pm - 3.30pm

Music Therapy with Claire Molyneux

The Forget Me Not Group is a group to support carers and people with memory problems or Dementia.

Come along for a cup of tea and a chat.
We welcome newcomers.



Tea Dance with Christine Boulton

Thursday 12th September
2pm - 4.15pm

Entry £4 (including refreshments)

Dances incorporate a mixture of Ballroom, Latin & Sequence steps on an excellent dancefloor.

No need to book - just turn up!

Stitchers

Wednesday mornings - drop-in
4th & 18th September
10am - 12 noon

Bring any type of craft, have a chat and enjoy a cup of tea or coffee with friends.

Bingo Afternoons **Flitwick Village Hall**

Last Friday of each month at 2pm

Join us for bingo! - £1 per card
Tea/coffee, cake and raffle available.
Transport available on request.

Men's Club

Monday Afternoons
Flitwick Club

1.30pm to 3.30pm

£2 a week first week free!

A social club aimed at men over 65.
Play darts, dominoes & pool.
Free tea, coffee and biscuits.

Over 60's Lunch Club **PRE-BOOK EVENT ONLY**

Friday 13th September at 12.30pm
£6.50 per person (Flitwick residents)
£7.50 per person (Non-residents)
(Must pre-book by 12 noon on 10th Sept)

Main Course

Beef Stew & Dumplings

Dessert

Cheesecake

